

Mean Girls

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Kathy Brown (USA) - March 2007
音樂: Mean Girls - Sugarland : (CD: These Are The Days)



Start on vocals

RIGHT TOE STRUT, LEFT TOE STRUT, JAZZ ¼ TURN RIGHT

1-2 Touch right toe forward, step right heel down
3-4 Touch left toe forward, step left heel down
5-6 Cross right over left, step left back turning ¼ right
7-8 Step right to side, step left next to right

RIGHT HEEL TAP, STEP TOGETHER, LEFT HEEL TAP, STEP TOGETHER X 4

1-2 Tap right heel forward, step right next to left
3-4 Tap left heel forward, step left next to right
5-6 Tap right heel forward, step right next to left
7-8 Tap left heel forward, step left next to right

STEP RIGHT, HOLD, PIVOT ½ LEFT, HOLD, STEP RIGHT, USE HIP ROLL AND PIVOT ¼ LEFT

1-2 Step forward right, hold
3-4 Pivot ½ left, hold
5-6 Step forward right, roll hip forward
7-8 Continue to roll hip around turning ¼ to the left (weight to left)

STEP & BUMP, HOLD X 4 WITH ATTITUDE

1-2 Step right forward bump hip to left, hold
3-4 Step left forward bump hip to right, hold
5-6 Step right forward bump hip to left, hold
7-8 Step left forward bump hip to right, hold

REPEAT

Email: gondanzn@tampabay.rr.com, Website: <http://www.gondancin.com>