

Woohoo Yeehoo

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Michelle Jackson (USA) & Alana Johanson (USA) - February 2007
音樂: The Sweet Escape (feat. Akon) - Gwen Stefani : (CD: The Sweet Escape)



- 1-8 Step Hitch ½ turn, Heel Jack, Step ¼ turn, Heel swivels**
1,2 Step Left foot forward, ½ turn to Left as you hitch your Right knee up
&3 Step back on Right foot with Left heel forward
4 Body Roll forward putting weight on Left foot
5 Step forward on Right foot
6 Step out on Left foot while turning ¼ turn to Right (square up to 9:00 wall)
7&8 Swivel heels L,R,L with weight ending on Left foot
- 9-16 Shuffle Right, Pivot turn, ½ jazz box, out-out-hold**
1&2 Shuffle to the right R,L,R with weight ending on Right foot
3,4 Step Left foot forward, make ½ turn to right, step forward on Right foot (pivot turn)
5,6 Cross Left foot over Right foot, Step back on Right foot
&7,8 Step out Left, Right and hold (8) (feet should be shoulder width apart, with weight on Left foot)
- 17-24 Knee Swivels right, left, then both with arms, chest pump**
1,2 Swivel Right knee in and out
3,4 Swivel Left knee in and out
5,6 Swivel both knees in and out
Arms: cross right arm over left (making a figure 8 with hands ending on either side of your head)
7,8 Pump chest out, in, out
- 25-32 Right kick, ½ turn right, Left Kick, cross ¾ turn, Alternating shoulder rolls**
1 Kick Right foot forward
Arms: Both arms go forward with foot with right arm crossed over left like an ?X?
2 Touch Right foot behind Left
3 Make ½ turn to Right, weight ending on Right foot
4 Kick Left foot forward (same arms as count 1)
5 Cross Left foot over right
6 Make ¾ turn to Right
7&8 Roll right shoulder back, Roll left shoulder back, Roll right shoulder back
Weight should be on Right foot ready to start the dance again.

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