

Lying To My Heart

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Carol & Eddie - January 2007
音樂: Lying To My Heart - Janai



SIDE SHUFFLE, ROCK, SIDE SHUFFLE ROCK

1&2 Step R to R side, step L together, step R to R side
3,4 Rock back on L, replace weight on R
5&6 Step L to L side, step R together, step L to L side
7,8 Rock back on R, replace weight on L

ROCK FORWARD, 1/2 TURN SHUFFLE, 1/2 TURN SHUFFLE, ROCK BACK

1,2 Rock forward on R, replace weight on L
3&4 Turning 180 deg R shuffle forward R-L-R
5&6 Turning 180 deg R shuffle back L-R-L
7,8 Rock back on R, replace weight on L

TOE & TOE & HIP, HIP, TOE & TOE & HIP, HIP

1& Touch R toe forward, step R together
2& Touch L toe forward, step L together
3,4 Step onto R, pushing hips, forward & back, weight onto L
5& Touch R toe forward, step R together
6& Touch L toe forward, step L together
7,8 Step onto R, pushing hips, forward & back, weight on L

1/4 PIVOT, 1/4 PIVOT, JAZZ BOX

1,2 Step forward on R, pivot 90 deg L weight on L *
3,4 Step forward on R, pivot 90 deg L weight on L *
5,6 Step R across L, step back onto L
7,8 Step R to R side, step forward onto L

start dance in new direction

To **FINISH** the dance replace Counts 25--28* with:

Rock forward on R, replace weight on L, rock back on R, replace weight on L (rocking chair) and finish with Jazz Box facing front.