

# Yesterday Once More (aka Mary's Dance)

**COPPER KNOB**  
STEPSHEETS

拍數: 32                      牆數: 2                      級數: Improver  
編舞者: Jan Wyllie (AUS)  
音樂: Yesterday Once More - Carpenters : (CD: Greatest Hits 69-83)



## **SIDE ROCK/RETURN, & STEP ACROSS STEP RIGHT, & CROSS/SHUFFLE, ½ TURN**

1-2                      Rock/step right to right, rock/return weight sideways onto left  
&3-4                      Step right beside left, step left across right, step right to right  
&5&6                      Step left beside right, cross/shuffle left stepping right, left, right  
7-8                      Making ¼ right step back on left, making ¼ right step right to right side

## **CROSS SAMBA TWICE, ROCK RETURN, COASTER STEP**

9&10                      Rock/step left across right, rock back on right, step left to left  
11&12                      Rock/step right across left, rock back on left, step right to right  
13-14                      Rock/step forward on left, rock back on right  
15&16                      Step back on left, step right beside left, step forward on left

## **SHUFFLE FORWARD, ROCK RETURN, BACK LOCK STEP, ½ ROCK RETURN**

17&18                      Shuffle forward right, left, right  
19-20                      Rock/step forward on left, rock back on right  
21&22                      Step back on left, lock/step right in front of left, step back on left  
23-24                      Making ½ left rock/step forward on right, rock back on left

## **BACK LOCK STEP, ½ ROCK RETURN, STEP BACK TOUCH, SIDE TOUCH SIDE TOUCH**

25&26                      Step back on right, lock/step left in front of right, step back on right  
27-28                      Making ½ left rock/step forward on left, rock back on right  
29-30                      Step back on left, touch right beside left  
&31                      Step right to right, touch left beside right  
&32                      Step left to left, touch right beside left

## **REPEAT**

## **TAG: At the END of wall 4**

1-2-3&4                      Rock/step back on right, rock forward on left, shuffle forward right, left, right making ½ turn left  
5-6-7&8                      Rock/step back on left, rock forward on right, shuffle forward left, right, left making ½ turn right

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