

Destiny (You & Me)

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Karla Dornstedt (USA) & Paul Dornstedt (USA)
音樂: Now & Forever You (You & Me) - Anne Murray



lead in 32 counts

- A** **ROCK, SHUFFLE BACK, BACK, BACK, COASTER STEP, FORWARD**
1,2 & 3,4 Rock forward on left, shuffle back (right, left, right), step back on left
5,6 & 7,8 Step back on right, coaster step (left, right, left), step forward on right
- B** **CROSS, BACK-&ROCK, RECOVER, ROCK, RECOVER-&ROCK, RECOVER-&**
1, 2 & 3 Cross left over right, step back on right, take short step back on left, cross rock right over left
4, 5 Recover weight back on left, cross rock right over left
6 & 7 Recover weight on back left, step right next to left, cross rock left over right
8 & Recover weight back on right, step left next to right
- C** **FORWARD, SHUFFLE FORWARD, MAMBO FORWARD, MAMBO CROSS, SWAY**
1, 2 & 3 Step forward right, shuffle forward (left, right, left)
4 & 5 Rock forward on right, recover weight back on left, step back on right
6 & 7, 8 Rock back on left, recover weight forward on right, cross left over right, sway right to right
- D** **SWAY, SHUFFLE SIDE RIGHT, ROCK, RECOVER TURN 1/4 LEFT, TURN 1/4 LEFT, ROCK**
1, 2 & 3 Sway left to left, shuffle side right (right, left, right)
4, 5 Cross rock left over right, recover weight back on right
6, 7, 8 Turn 1/4 left and step forward on left, turn 1/4 left and step right side right, cross rock left behind right
- E** **RECOVER, SHUFFLE SIDE LEFT, ROCK, RECOVER, SCISSOR STEP, FORWARD**
1, 2 & 3 Recover weight forward on right, shuffle side left (left, right, left)
4, 5 Cross rock right behind left, recover weight forward on left
6 & 7, 8 Step right to right forward diagonal, step left next to right, cross right over left, step left to left forward diagonal
- F** **CROSS, BACK-&ROCK, RECOVER, ROCK, RECOVER-&ROCK, RECOVER-&**
1, 2 & 3 Cross right over left, Step back left on, take short step back on right, cross rock left over right
4, 5 Recover weight back on right, cross rock left over right
6 & 7 Recover weight on right, step left next to right, cross rock right over left
8 & Recover weight back on left, step right next to left

REPEAT

RESTART

To fit the phrasing of the music there is a restart DURING the FIFTH REPETITION (the THIRD time facing the front wall).

Complete the dance through section F step 4 (Recover weight back on right) and start over.

ENDING (Optional): The last rotation starts on the front wall. Complete section A, B and C.

- D** **SWAY, SHUFFLE SIDE RIGHT, ROCK, RECOVER TURN 1/4 LEFT, TURN 1/4 LEFT, TURN 1/2 LEFT, CROSS**
1, 2 & 3 Sway left to left, Shuffle side right (right, left, right)
4, 5 Cross rock left over right, recover weight back on right
6, 7 Turn 1/4 left and step forward on left, turn 1/4 left and step right side right
8, 1 Turn 1/2 left and step left side left, cross right over left

