

S A S (Steady At 60)

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Karen Birks (UK) - February 2007
音樂: Who Will Be There - Modern Talking : (Album: Universe)



Start on main vocals.

- 1-8 Walk, walk rock & cross x2**
1-2 Walk forward right, walk forward left
3&4 Rock right to right side, recover onto left, cross left over right
5-6 Walk forward left, walk forward right
7&8 Rock left to left side, recover onto right, cross left over right.
- 9-16 Side hold & side hold, rock recover, 1/4 shuffle left**
9-10 Step right to right side, hold & clap
&11-12 Step left next to right, step right to right side, hold and clap
13-14 Rock back on left, recover weight on to right
15&16 Turn 1/4 left, forward left, right, left.
- 17-24 Right rock and coaster, left rock and coaster**
17-18 Rock forward on right, recover weight onto left
19&20 Step back onto right, step left next to right, step forward on to right
21-22 Rock forward onto left, recover weight on to right
23&24 Step back onto left, step right next to left, step forward onto left.
- 25-32 Rock recover, shuffle 1/2 turn right, 1/2 turn right and sweep right coaster step.**
25-26 Rock forward onto right, recover weight onto left
27&28 Shuffle 1/2 turn right, stepping right, left, right
29-30 Step back left 1/2 turn over right shoulder, sweep right out
31&32 Step right foot back, step left next to right, step forward right.

RESTART from here on walls 3 and 6

- 33-40 Side together, side shuffle, cross rock, side shuffle**
33-34 Step left to left side, step right next to left
35&36 Step left to left side, step right next to left, step left to left side
37-38 Cross right over left, recover weight on to left
39&40 Step right to right side, step left next to right, step right to right side.
- 41-48 Side switches, forward switches, side switches, forward switch, hitch & cross**
&41&42 Step left next to right, point right to right side, step right next to left, point left to left side
&43&44 Step left next to right, touch right heel forward, step right next to left, touch left heel forward.
&45&46 Step left next to right, point right to right side. Step right next to left, point left to left side
&47&48 Step left to left side, switch right heel forward, hitch right knee, step right down across left.

49-64 Repeat counts 33-48 again

End of Dance ADD an "&" count at the END of EVERY wall EXCEPT TAG walls}

TAG: Easy 8 count tag at the END of walls 1 and 4

- 1-8 Left rocking chair, left rock, rock & coaster step**
1-2 Rock forward on left, recover weight on right
3-4 Rock back on left, recover weight on right,
5-6 Rock forward left, recover weight on right
7&8 Step back onto left, step right next to left, step forward onto left.