

River Run

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STEPSHEETS

拍數: 62 牆數: 4 級數: Intermediate/Advanced
編舞者: Nancy Van Haeken (BEL) - March 2007
音樂: Tennessee River Run - Darryl Worley



22 count intro - start on words " Hey Everybody "

Sailor Step ,Sailor Step, Stomp Twice, Toe Fans R-L

1&2& RF step back , LF step to side , RF step to side , LF step back
3&4& RF step to side , LF step to side , stomp next to LF , RF stomp forward
5&6 RF turn toes R-L-R
&7&8 LF stomp forward , LF turn toes L-R-L

Rocking Chair, Step, Hitch, ½ Turn, Kick, Coaster Step, Step, Lock Step

1&2& RF step forward , weight back on LF , RF step back , weight back on LF
3&4& RF step forward , LF hitch , LF step back ½ turn right , RF kick forward
5&6& RF step back , LF step next to , RF step forward , LF step forward
7&8 RF step forward , LF step behind , RF step forward

Rocking Chair, Step, Hitch, ½ Turn, Kick, Coaster Step, Step, Lock Step

1&2& LF step forward , weight back on RF , LF step back , weight back on RF
3&4& LF step forward , RF hitch , RF step back ½ turn left , LF kick forward
5&6& LF step back , RF step next to , LF step forward , RF step forward
7&8 LF step forward , RF step behind , LF step forward

Heel, Hook, Heel, Side, Apple Jacks, Heel, Hook, Heel, Side, Apple Jacks

1&2& RF heel touch forward , R toe touch in front of LF , RF heel touch forward , RF step next to LF
3&4& on weight of L heel & weight on R toes ? bring heels together , back to center on weight of R heel & weight on L toes ? bring heels together , back to center
5-8 repeat , starting with LF.

Butterfly?s, Kick X 2,Back Rock, Kick X 2,Back Rock, Side Step, Stomp X 2

1&2& (moving to the left) toe split ? heel split ? toe split ? heel split
3&4& RF kick twice forward , RF step back , weight back on LF
5&6& RF kick twice forward , RF step back , weight back on LF
7&8 RF jump to right side , LF stomp twice next to RF

Butterfly?s, Kick X 2,Back Rock, Kick X 2,Back Rock, Side Step, Stomp X 2

1&2& (moving to the left) toe split ? heel split ? toe split ? heel split
3&4& RF kick twice forward , RF step back , weight back on LF
5&6& RF kick twice forward , RF step back , weight back on LF
7&8 RF jump to right side , LF stomp twice next to RF

Side Shuffle, Scuff ½ Turn, Side Shuffle, Scuff ½ Turn, Side Shuffle ,Sweep, Sailor Step ¼ Turn

1&2& LF step to side , RF step next to , LF step to side , RF scuff with ½ turn left
3&4& RF step to side , LF step next to , RF step to side , LF scuff with ½ turn right
5&6& LF step to side , RF step next to , LF step to side , RF sweep back
7&8 RF step back ¼ turn right , LF step next to , RF step forward

Lock Steps Forward With Scuffs, Mambo Rock Forward

1&2& LF step forward , RF step behind , LF step forward , RF scuff
3&4& RF step forward , LF step behind , RF step forward , LF scuff
5&6 LF step forward , weight back on RF , LF step back.

**TAG: on 3rd wall. Start dance , AFTER count 34 & , ADD 2 counts (moving to the left : Butterfly?s
1&2&** toe split ? heel split ? toe split ? heel split) ,then start dancing again from beginning.

Music download available from itunes; emusic
