

Gracia A Ti

拍數: 32 牆數: 4 級數: Improver
編舞者: Leif Henrik Gronvold (NOR) - May 2007
音樂: Gracias a Ti - David Civera



CROSS STEP, CROSS SHUFFLE, STEP ¼ TURN, LOCK STEP FORWARD

1-2 Cross right foot over left foot, step left foot to left side
3&4 Cross right foot over left foot, step left foot to left side, cross right foot over left foot
5-6 Step left foot to left side, turn ¼ to right and step onto right foot (3:00)
7&8 Step left foot forward, lock right foot behind left foot, step right foot forward

ROCK STEP, SHUFFLE ½ TURN, POINT ¼ TURN TWICE, CROSS SHUFFLE

1-2 Rock right foot forward, recover back to left foot
3&4 Shuffle step ½ back stepping right, left, right (9:00)
5 Turn ¼ to right and point left toe out to left (12:00)
6 Turn ¼ to right & point left toe out to left (3:00)
7&8 Cross left foot over right foot, step right foot out to right, cross left foot over right foot

On count 5&6 you do the turns on the spot

SWAY LEFT, RIGHT, CROSS STEP, SWEEP, GRAPEVINE RIGHT, SWAY LEFT, RIGHT

1-2 Step right foot to right side, sway hips right & left
3-4 Cross right foot behind left foot, sweep left foot behind right foot
5&6 Cross left foot behind right foot, step right foot to right side, cross left foot over right foot
7-8 Step right foot to right, sway hips right & left

CROSS STEP, UNWIND FULL TURN, SIDE STEP, SLIDE, KICK BALL STEP, SWAY LEFT, RIGHT

1-2 Cross right foot over left foot, unwind a full turn ending with weight on right foot
3-4 Step left foot out to left side, slide right foot beside left foot
5&6 Kick right foot forward, step right foot beside left foot, step left foot forward
7-8 Step right foot to right side, sway hips left & right

REPEAT
