

Mustang Down

COPPER KNOB
STEPPERS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Wanda Heldt (AUS) - April 2007
音樂: Mustang Sally - The Commitments



Or Music: Honky Tonk In Every Town by Heather Myles
 Joe's Place by Joe Nichols
 Non-Country: Alone Together by Girls Aloud

VINE RIGHT, ROTATE HIPS

1- 4 Step Right, Step Left behind Right, Step Right
5- 6 Rotate hips L.R.L.R Wt on the R

VINE LEFT, ROTATE HIPS

1- 4 Step Left, Step Right behind Left,
5- 8 Rotate R.L.R, Hold on 8 Wt on the R

LOCK STEPS FORWARDS, WITH ATTITUDE

1- 4 Step forward L, Lock R behind, Step Forward L, Lock Right behind,
5- 8 Step forward L, Lock R behind, Step forward L, touch R next to L .Wt.L

STEP BACK R.L.R.L AT 45 ANGLE, TOUCH & CLAP

1- 4 Step back R, Touch L toe next to R, Step back L, Touch R toe next to L
5- 8 Step back R, Touch L toe next to R, Step back L, Touch R toe next to L

SHIMMY TO THE RIGHT & LEFT

1- 4 Long Step to the R & Shimmy shoulders & Touch L toe beside R
5- 8 Long Step to the L & Shimmy shoulders & Touch R toe beside L

POINT & TURN 4 -1/4 LEFT, WITH ATTITUDE

1- 4 Point R toe forward, Turn a 1/4 L, Point R toe forward, Turn a 1/4 L
5- 8 Point R toe forward, Turn a 1/4 L, Point R toe forward, Turn a 1/4 L

Weight stays on the L foot as you rotate around and you will come back to the back to the Front Wall.

JUST HAVE FUN "NO MATTER WHAT

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