

拍數: 64 牆數: 4 級數: Advanced
 編舞者: Dusty Boots Linedancers (NOR) - April 2007
 音樂: Kjærlighet Og Kildevann - Gledeskompaniet



CROSS ROCK BACK RIGHT, RECOVER, HOLD

1 Cross step right behind left
 2 Recover weight onto left
 3-4 Step right next to left, hold

CROSS ROCK BACK LEFT, RECOVER, HOLD

5 Cross step left behind right
 6 Recover weight onto right
 7-8 Step left next to right, hold

CROSS ROCK BACK RIGHT, RECOVER, HOLD

1 Cross step right behind left
 2 Recover weight onto left
 3-4 Step right next to left, hold

STOMP, HOLD

5-8 Stomp left, right, left, hold

KICK BALL STEP RIGHT, HOLD, KICK BALL STEP LEFT, HOLD

1 Kick right forward
 2 Step right next to left
 3-4 Step left slightly in front of right, hold
 5 Kick left forward
 6 Step left next to right
 7-8 Step right slightly in front of right, hold

RIGHT SHUFFLE FORWARD, STEP FORWARD RIGHT, JUMP TWICE

1& Step forward on right, step left next to right
 2& Step forward on right, step left next to right
 3 Step forward on right
 &4 Jump on both feet twice

HIP HOP STEPS

5& Touch right toe forward, step left in place
 6& Touch right toe back, step left in place
 7& Touch right toe to right diagonal, hook right foot in front of left knee
 8& Touch right toe to right diagonal, step left in place

1& Touch right toe back, step left in place
 2& Touch right toe forward, step left in place
 3& Touch right toe to back right diagonal, hook right foot in front of left knee
 4& Touch right toe to back right diagonal, hold

WALK BACKWARDS 2 SLOW STEPS, 3 FAST STEPS

5 Step back on left
 6 Step back on right
 7&8 Step back on left, right, left

TOE POINT RIGHT, ½ MONTEREY TURN RIGHT, TOE POINT LEFT, STEP LEFT NEXT TO RIGHT

- 1& Point right toe right, with weight on left turn ½ turn right & step down right
2& Point left toe left, step left next to right
3-4 Repeat 1&2&

RIGHT SHUFFLE FORWARD, JUMP ON RIGHT FOOT & HITCH LEFT KNEE

- 5& Step right forward, step left next to right
6& Step right forward, jump on right foot and hitch left knee

LEFT SHUFFLE FORWARD, JUMP ON LEFT FOOT & HITCH RIGHT KNEE

- 7& Step left forward, step right next to left
8 Step left forward
& Jump on left foot and hitch right knee

CROSS JUMP RIGHT, RECOVER LEFT, STEP RIGHT NEXT TO LEFT, HOLD

- 1& Cross jump right in front of left & flick left foot behind right, step left in place
2& Step right next to left, hold

CROSS JUMP LEFT, RECOVER RIGHT, STEP LEFT NEXT TO RIGHT, HOLD

- 3& Cross jump left in front of right & flick right foot behind left, step right in place
4& Step left next to right, hold

HEEL TOUCH RIGHT, LEFT, TOE TOUCH RIGHT, LEFT

- 5& Touch right heel diagonally forward, step right in place
6& Touch left heel diagonally forward, step left in place
7& Touch right toe behind left heel, step right in place
8& Touch left toe behind right heel, step left in place

TOE TOUCH RIGHT REPEAT TO LEFT, RIGHT, ¼ TURN LEFT & LEFT HEEL TOUCH FORWARD, HOLD

- 1& Touch right toe right with toes pointing towards left instep while turning body same way as right toes are pointing (weight on left foot), step right in place
2& Touch left toe left with toes pointing towards right instep while turning body same way as left toes are pointing (weight on right foot), step left in place
3& Touch right toe right with toes pointing towards left instep while turning body same way as right toes are pointing (weight on left foot), step down right ¼ turn left
4& Touch left heel forward, hold

LEFT SHUFFLE FORWARD, HOLD, CLAP YOUR BUTT TWICE

- 5& Step left forward, step right next to left
6& Step left forward, hold
7 Step right next to left
&8 Clap your butt twice

REPEAT
