

To Be A Woman

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sandra Speck (UK) - July 2007
音樂: Sometimes It Takes Balls to Be a Woman - Elizabeth Cook : (CD: Balls)



Starts immediately on vocals, on the word ?sometimes?

RIGHT ROCKING CHAIR, STEP SWEEP, CROSS BACK

1 ? 2 Rock forwards onto right foot, recover back onto left
3 ? 4 Rock back onto right foot, recover onto left
5 - 6 Step forward on right foot, sweep left foot from back to front
7 - 8 Cross left foot over right, step back on right foot

STEP SIDE HOLD & SIDE HOLD, ROCK BACK RECOVER, STEP ½ PIVOT

1 ? 2 Step left foot to left side and hold for one count
&3 ? 4 Close right foot next to left, step left to left side, hold for one count
5 ? 6 Rock back onto right foot, recover onto left
7 ? 8 Step forward onto right foot, pivot ½ turn left (6.00)

(Re-start here on walls 3 & 6)

RIGHT CHASSE, ROCK BACK RECOVER, SHUFFLE ½ TURN, ROCK BACK RECOVER

1 & 2 Step right foot to right side, close left next to right, step right to right side
3 ? 4 Rock back onto left foot, recover onto right
5 & 6 Shuffle ½ turn right, stepping left , right, left (12.00)
7 ? 8 Rock back onto right foot, recover onto left foot

ROCK FORWARD & ROCK FORWARD, LEFT SHUFFLE BACK, ROCK BACK RECOVER

1 ? 2 Rock forwards onto right foot, recover onto left
& 3 ? 4 Close right foot next to left, Rock forwards onto left foot, recover onto right
5 & 6 Step back onto left, close right next to left, step back on left
7 ? 8 Rock back onto right, recover onto left

DWIGHT TO THE RIGHT, KICK BEHIND SIDE CROSS

1 Swivel left heel to right touching right toe to left instep
2 Swivel left toe to right side touching right heel diagonally forward right
3 Swivel left heel to right touching right toe to left instep
4 Swivel left toe to right side touching right heel diagonally forward right
5 ? 6 Kick right foot forward on right diagonal, cross right foot behind left
7 ? 8 Step left to left side, cross right foot over left

ROCK SIDE RECOVER & ROCK SIDE RECOVER, ROCK FORWARDS RECOVER, BACK HOOK

1 ? 2 Rock left foot to left side, recover onto right
&3 ? 4 Close left next to right, rock right foot to right side, recover onto left
5 ? 6 Rock forwards onto right, recover back onto left
7 ? 8 Step back on right foot, hook left foot across right

LEFT LOCK STEP TURN ½ LEFT, WALK BACK RIGHT- LEFT-RIGHT-TOUCH

1 ? 2 Step forwards on left foot, lock right foot behind left
3 ? 4 Step forwards on left foot, turn ½ left on ball of left foot (weight on left)
5 ? 6 Walk back on right, left, right, touch left foot in front of right

FORWARD TAP, BACK HEEL , STEP LOCK STEP SCUFF

1 ? 2 Step forward on left foot, tap right foot behind left
3 ? 4 Step back on right foot, tap left heel forwards
5 ? 6 Step forwards on left foot, lock right foot behind left

7 ? 8 Step forwards on left foot, scuff right foot

START DANCE AGAIN AND ENJOY

[EMail](#)
