

Keep Upya Little Move

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Dancin Mamas - June 2006
音樂: Crazy (feat. Pitbull) - Lumidee



Start on main vocals, 16 count intro

Section 1 Walk, Walk, ½ left semicircle turn right, Mambo break hitch

- 1-2 (1)Walk right, (2)left forward
3&4 (3)Cross right over left, (&)step left back turning 1/8 right (facing right diagonal) (4)Step right 1/8 to right side (3 o'clock)
5&6 (5)Step left behind right, (&)step forward on right turning ¼ rights (6 o'clock)
 (6)Step forward on left (moving in a left semicircle)
7&8 (7)Rock right foot forward,(&) recover on left, (8) Hitch

(Optional move: count 8. Push palms forward and your hips back to make it feel like a break, like as you get a punch in your stomach)

Section 2 Funky weave, Point Hitch cross

- 1-4 (1)Step right behind left pop L knee forward, (2)step left foot back to left pop R knee forward
 (3)Cross right over left pop L knee forward (4)Step back on left pop R knee forward.
5-6 (5)step back on right, (6)cross left over right
7&8 (7)point right to right side, (&)hitch right knee, (8)cross right over left (6 o'clock)
Easy Option: (Weave moving back. 1-4 to left diagonal. 5-8 to right diagonal)

Section 3 Rock&cross 1/8 left,Side, turn ¼, Kick ball long step, Kick ball long step

- 1&2 (1)Rock left to left side, (&)recover on right, (2)step left foot forward turning 1/8 left
3-4 (3)Step right foot to right side 1/8 turns left. (9 o'clock) (4)step left to left turning ¼ left (12 o'clock) (keep your legs stiff, take wide steps)
5&6 (5)Kick right foot forward, (&)step down on right with bent knee, (6)take a long step forward on left
7&8 (7)Kick right foot forward, (&)step down on right with bent knee (8)take a long step forward on left (12 o'clock)

Section 4 Lounge, Snap, Kick, Behind side cross & Funky weave

- 1-4 (1) With left hand on hip Lounge forward , snap your fingers 3 times and pop your knee, right (&) left (2) right (&)left (3) right at the same time, (4)recover on left as you kick right foot forward towards 1 o'clock
5&6 (5)Step right foot behind left, (&)step left to left side, (6)cross right foot over left
&7&8 (&)Step left to left side, (7)step right foot behind left, (&)step left to left side, (8)cross right foot over left, (12 o'clock)

(Optional move: 5-8 Move your arms as if you were holding a steering wheel with bent arms, & closed fist facing forward ,shoulders pop up &down)

Section 5 Paddle turn right ¾, ?Beyonce shakes?

- 1&2&3&4 (1)Point left to left side, (&)hitch left turning ¼ right, (2) point left to left side (3 o'clock).
 (&)Hitch left turning ¼ right, (3) point left to left side (6 o'clock)
 (&) hitch left turning ¼ right, (4) flex your foot left to left side (9 o'clock)
5&6 (5) Step down on left foot as you push your chest back (&) and forward&back (6) rise your right foot flexed.
7&8 (7) Step down on right foot as you push your chest back(&) and forward &back (8) rise your left foot flexed. (9 o'clock)

(Optional move: ?Beyonce shake?: bend your arms, palms facing forward at chest level, pushing your chest forward and back. (The counts can be 5&6&7&8&))

Section 6 Dorothy, left, right, Shuffle forward, Sailor full turn

- 1-2& (1)Step left diagonally forward, (2)lock right foot behind left, (&)step forward on left

3-4& (3)Step right diagonally forward, (4)lock left foot behind right, (&)step forward on right
5&6 Shuffle forward on left, right, left
7&8 Sailor full turn over right shoulder, weight ends on right. (9 o'clock)

Section 7 Charleston, Turn, & Forward Clap & Forward Clap

1-2 (1)Point left foot forward, (2)point left foot back
3-4 (3)unwind $\frac{1}{2}$ turn over left shoulder, step down on left (4)clap your hands
&5-6 (&)step right foot behind left, (5)step down on left and (6)clap your hands
&7-8 (&)step right foot behind left, (7)step down on left and (8) clap your hands (3 o'clock)

Section 8 Rock&cross, Sway $\frac{1}{2}$ turn left, Rock&cross, Sway $\frac{1}{4}$ turn left

1&2 (1)Rock right to right side, (&)recover on left, (2)cross right over left
3-4 (3,4)Sway hips in a semicircle from left to right $\frac{1}{4}$ turn left x2 (compleating $\frac{1}{2}$ turn)
5&6 (5)Rock right to right side,(&) recover on left, (6)cross right over left
7-8 (7-8)Sway hips in a semicircle from left to right $\frac{1}{4}$ turn left. Weight ends on left foot (6 o'clock)

No tags, no restarts! Have Fun!!
