Looking For Ticks



拍數: 32 牆數: 4 級數: Improver

編舞者: David Feltell (UK) - July 2007

音樂: Ticks - Brad Paisley: (CD 5th Gear)



Start on word "Sip"

Or any easy paced cha cha tracks

Section 1 1, 2 3 & 4 5, 6 7 & 8	Rock Right to side, recover. Cross shuffle. Rock left to side. Syncopated weave to right Rock right foot to side, recover weight onto left Cross right in front of left, step left foot to left, cross right foot in front of left (cross shuffle) Rock left foot to left, recover weight on to right Step left behind right, step right foot to right, cross left in front of right.
Section 2	Rock right to side, recover, sailor 1/4 turn (right). Rock fwd left, recover, left coaster step.
1,2	Rock right foot to right, recover weight onto left.
3 & 4	Right rondo turning 1/4 to right, stepping back on right, together left, slightly fwd with right (1/4 sailor turn)
5, 6	Rock forward with left, recover weight onto right.
7 & 8	Step back left, together with right, step slightly fwd with left (coaster).
Section 3	Rock fwd right, recover, 2 x shuffle 1/2 turns (back), rock back right. recover.
1,2	Rock fwd with right, recover weight onto left.,
1,2 3 & 4	Rock fwd with right, recover weight onto left., Turn 1/2 to right on a R.L.R. (shuffle 1/2 turn).
1,2 3 & 4 5 & 6	Rock fwd with right, recover weight onto left., Turn 1/2 to right on a R.L.R. (shuffle 1/2 turn). Turn 1/2 to right on a L.R.L. (shuffle 1/2 turn)
1,2 3 & 4	Rock fwd with right, recover weight onto left., Turn 1/2 to right on a R.L.R. (shuffle 1/2 turn).
1,2 3 & 4 5 & 6 7, 8	Rock fwd with right, recover weight onto left., Turn 1/2 to right on a R.L.R. (shuffle 1/2 turn). Turn 1/2 to right on a L.R.L. (shuffle 1/2 turn) Rock back on right, recover weight onto left.
1,2 3 & 4 5 & 6 7, 8 Section 4	Rock fwd with right, recover weight onto left., Turn 1/2 to right on a R.L.R. (shuffle 1/2 turn). Turn 1/2 to right on a L.R.L. (shuffle 1/2 turn) Rock back on right, recover weight onto left. 2 x Shuffle 1/2 turns (fwd). Step fwd right, pivot half turn left, Right kick ball change.
1,2 3 & 4 5 & 6 7, 8 Section 4 1 & 2	Rock fwd with right, recover weight onto left., Turn 1/2 to right on a R.L.R. (shuffle 1/2 turn). Turn 1/2 to right on a L.R.L. (shuffle 1/2 turn) Rock back on right, recover weight onto left. 2 x Shuffle 1/2 turns (fwd). Step fwd right, pivot half turn left, Right kick ball change. Turn 1/2 turn to left on R.L.R. (shuffle 1/2 turn).
1,2 3 & 4 5 & 6 7, 8 Section 4 1 & 2 3 & 4	Rock fwd with right, recover weight onto left., Turn 1/2 to right on a R.L.R. (shuffle 1/2 turn). Turn 1/2 to right on a L.R.L. (shuffle 1/2 turn) Rock back on right, recover weight onto left. 2 x Shuffle 1/2 turns (fwd). Step fwd right, pivot half turn left, Right kick ball change. Turn 1/2 turn to left on R.L.R. (shuffle 1/2 turn). Turn 1/2 turn to left on L.R.L. (shuffle 1/2 turn).
1,2 3 & 4 5 & 6 7, 8 Section 4 1 & 2 3 & 4 5, 6	Rock fwd with right, recover weight onto left., Turn 1/2 to right on a R.L.R. (shuffle 1/2 turn). Turn 1/2 to right on a L.R.L. (shuffle 1/2 turn) Rock back on right, recover weight onto left. 2 x Shuffle 1/2 turns (fwd). Step fwd right, pivot half turn left, Right kick ball change. Turn 1/2 turn to left on R.L.R. (shuffle 1/2 turn). Turn 1/2 turn to left on L.R.L. (shuffle 1/2 turn). Step fwd with right, pivot 1/2 turn to left (keep weight on left).
1,2 3 & 4 5 & 6 7, 8 Section 4 1 & 2 3 & 4	Rock fwd with right, recover weight onto left., Turn 1/2 to right on a R.L.R. (shuffle 1/2 turn). Turn 1/2 to right on a L.R.L. (shuffle 1/2 turn) Rock back on right, recover weight onto left. 2 x Shuffle 1/2 turns (fwd). Step fwd right, pivot half turn left, Right kick ball change. Turn 1/2 turn to left on R.L.R. (shuffle 1/2 turn). Turn 1/2 turn to left on L.R.L. (shuffle 1/2 turn).