

拍數: 64 牆數: 2

級數: Intermediate

編舞者: Jacqui Cargill (UK) - June 2007

音樂: About the South - Rodney Atkins : (Album: If You're Going Through Hell)

Or Music: The More I Feel Like Rockin? by Tracy Byrd

SECTION 1 BOUNCE STEPS WITH ROLLING GRAPEVINE RIGHT

- 1 4 With weight evenly placed bounce on both heels and click fingers
- 5 6 Step right to right side & turn 1/4 right, on ball of right foot swivel 1/4 right & place left to left side
- 7 8 On ball of left foot swivel 1/4 turn right and turn a further 1/4 right, place left beside right and clap

SECTION 2 STEP SCUFFS LEFT AND RIGHT 1/4 L WALKS FORWARD

- 9 12 Step on left foot and scuff right angle to left diagonal and repeat on right
- 13 16 On left foot turn 1/4 left and walk forward left, right, left right.
- SECTION 3 STAR POINTS RIGHT AND LEFT
- 17 ? 24 Point right toe forward, side, back (slight stepping back and hold) repeat on left

SECTION 4 ROCKING CHAIR WITH 1/4 L JAZZBOX

- 25 ? 28 Rock forward on left, replace weight back on right, rock back on left and forward.
- 29 ? 30 Cross left foot over right turning 1/4 left, step back on right.
- 31 ? 32 Step left foot to left side and right foot beside left.

SECTION 5 SIDE SHUFFLES WITH BACK ROCKS RIGHT AND LEFT

- 33 ? 34 Step right to right side, close left beside right, step right to right side.
- 35 36 Step left foot behind right and rock back on left foot.
- 37 38 Step left to left side, close right beside left, step left to left side.
- 39 ? 40 Step right foot behind left and rock back on right.

SECTION 6 MONTEREY HALF TURNS X2 COMPLETING FULL TURN

- 41 ? 42 Touch right to right side. On ball of right foot turn 1/2 turn right, close right to left.
- 43 ? 44 Touch left to left side. Close left beside right.
- 45 ? 46 Touch right to right side. On ball of right foot turn 1/2 turn right, close right to left.
- 47 ? 48 Touch left to left side. Close left beside right.

SECTION 7/8 LEFT HEEL HOOK AND SWIVELS

- 49 ? 52 Dig left heel to left diagonal, lift to knee, dig to diagonal and replace
- 53 ? 56 With weight evenly placed swivel to left heels, toes, heels toes and clap.
- 57 ? 64 Repeat to right

