

Stay Another Day

拍數: 32 牆數: 4 級數: Improver
編舞者: Robbie McGowan Hickie (UK) - July 2007
音樂: Tu No Sabes - Selena : (CD: Through The Years)
或: Single Girl - Fame : (CD: Give Me Your Love)



Music 1 - 32 Count intro

Music 2 - Start on the word "Single"

Step Forward. Forward Rock. Left Shuffle 1/2 Turn Left. Step. Pivot 1/4 Turn Left. Cross.

- 1 Long Step forward on Right.
- 2 - 3 Rock forward on Left. Rock back on Right.
- 4&5 Left shuffle back turning 1/2 turn Left stepping Left. Right. Left.
- 6 - 7 Step forward on Right. Pivot 1/4 turn Left.
- 8 Cross step Right over Left. (Facing 3 o'clock)

Side Step Left. Back Rock. Right Shuffle Forward. Step. Pivot 1/2 Turn Right. 1/4 Turn Side Step Left.

- 1 Long Step Left to Left side - Dragging Right towards Left.
- 2 - 3 Rock back on Right. Rock forward on Left.
- 4&5 Right shuffle forward stepping Right. Left. Right.
- 6 - 7 Step forward on Left. Pivot 1/2 turn Right.
- 8 Turn 1/4 turn Right stepping Left to Left side. (Facing 12 o'clock)

Behind. Side. Cross Rock. Chasse 1/4 Turn Right. Full Turn Right.

- 1 - 2 Cross Right behind Left. Step Left to Left side.
- 3 - 4 Cross rock Right over Left. Rock back on Left.
- 5&6 Step Right to Right side. Close Left beside Right. Turn 1/4 turn Right stepping forward on Right.
- 7 - 8 Turn 1/2 turn Right stepping back on Left. Turn 1/2 turn Right stepping forward on Right.

Easier Alternative: Counts 7 - 8 above Walk forward on Left. Walk forward on Right.

Forward Rock. Left Shuffle Back. Sweep/Step Back (Right & Left). Back Rock.

- 1 - 2 Rock forward on Left. Rock back on Right. (Facing 3 o'clock)
- 3&4 Left shuffle back stepping Left. Right. Left.
- 5 - 6 Sweep Right out and around from front to back. Sweep Left out and around from front to back.
- 7 - 8 Rock back on Right. Rock forward on Left.

Alternative: Counts 5 - 6 above Full Turn Right (Travelling Back) stepping Right. Left.

Start Again
