Working On The Building



拍數: 32

牆數:4

級數: Improver

編舞者: DJ Dan (NL) & Wynette Miller (NL) - July 2007

音樂: Working On the Building - Elvis Presley : (Gospel CD: His Hand in Mine)

Intro 16 counts

STEP FORWARD, HOLD & CLAP, X4

- 1-2 Step Right forward. Hold and clap hands.
- 3-4 Step Left forward. Hold and clap hands.
- 5-6 Step Right forward. Hold and clap hands.
- 7-8 Step Left forward. Hold and clap hands.

ROCK STEP FORWARD, STEP BACK, HOLD; ROCK STEP BACK, STEP FORWARD, HOLD

- 9-10 Rock Right forward. Recover onto Left.
- 11-12 Step Right back. HOLD
- 13-14 Rock Left back. Recover onto Right.
- 15-16 Step Left forward. HOLD.

POINT FORWARD, HOLD, STEP BACK, HOLD; 1/4 TURN SLOW COASTER STEP, HOLD.

- 17-18 Point Right toe forward. HOLD
- 19-20 Step Right back. HOLD.
- 21-22 Cross Left behind Right 1/4 turn left. Step Right next to Left. [9]
- 23-24 Step Left forward. HOLD.

4 X 1/8 PIVOT TURN LEFT (COMPLETING 1/2 TURN LEFT)

- 25-26 Step Right forward. Pivot 1/8 turn left. [7:30]
- 27-28 Step Right forward. Pivot 1/8 turn left. [6:00]
- 29-30 Step Right forward. Pivot 1/8 turn left. [4:30]
- 31-32 Step Right forward. Pivot 1/8 turn left. [3:00]

Option 25-32: PADDLE 1/2 TURN LEFT (4 X 1/8)

- 25 Pivot on ball of Left 1/8 turn left (to 7:30) raising Right slightly off floor.
- 26 Touch Right to right side.

Continuing paddle turn to left completing 1/2 turn

RESTART on wall 5 [12:00]: Dance the first 16 counts, then restart dance from the beginning.

