

# Don't Try To Pick Me Up

**COPPERKNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Rosalie Mackay (AUS) - June 2007  
音樂: Don't Bet Your Boots - Jean Stafford



---

## RIGHT, LOCK, RIGHT, SCUFF, LEFT, LOCK, LEFT, SCUFF

1-2-3-4      Step right diagonally forward, lock left behind right, step right diagonally forward, scuff left together  
5-6-7-8      Step left diagonally forward, lock right behind left, step left diagonally forward, scuff right together

## SIDE ROCK, CROSS, HOLD, SIDE ROCK TURN ¼, FORWARD, HOLD

1-2-3-4      Rock right to side, recover to left, cross right over left, hold  
5-6-7-8      Step left to side, turn ¼ right and step right in place, step left forward, hold (3:00)

## SIDE, BEHIND, SIDE, TOUCH, BACK, HEEL, FORWARD, TOUCH

1-2-3-4      Step right to side, cross left behind right, step right to side, touch left together  
5-6-7-8      Step left diagonally back, touch right heel diagonally forward, step right in place, touch left together

## ROCK BACK, FORWARD, PIVOT ½, FORWARD, HOLD, PIVOT TURN ½

1-2-3-4      Rock left back, recover to right, step left forward, turn ½ right (weight to right)  
5-6-7-8      Step left forward, hold, step right forward, turn ½ left (weight to left)

## REPEAT

## TAG: At the end of the 4th (12:00) & 11th wall (6:00)

1-2-3-4      Stomp right diagonally forward, hold, stomp left diagonally forward, hold  
5-6-7-8      Step right home, step left together, swivel heels apart, swivel heels together

[EMail](#) / [Website](#)

---