

Now And Then

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jill Baker (CAN) - June 2007
音樂: A Fool Such As I - Anne Murray



SIDE BEHIND, BALL CROSS, STEP, PENDULUMS, FLICK

1-2 Step right to side, cross left behind right
&3-4 Step right together, cross left over right, step right together
5&6& Touch left toe to side, drop left heel, touch right toe to side, drop right heel
7&8 Touch left toe to side, drop left heel, flick right back

ROCK RECOVER, TRIPLE TURN ½, CROSS SHUFFLE, ROCK RECOVER

1-2 Rock right forward, recover to left
3&4 Triple in place ½ right stepping right, left, right
5&6 Cross left over right, step right to side, cross left over right
7-8 Rock right to side, recover to left

FRONT WEAVE, RONDE, BEHIND SIDE, STEP, SCUFF

1-2 Cross right over left, step left to side
3-4 Cross right behind left, sweep left from front to back
5-6 Cross left behind right, step right to side
7-8 Step left slightly forward, scuff right

STEP LOCK, STEP TOUCH TWICE

1-2 Step right forward, lock left behind right
3-4 Step right forward, touch left together
5-6 Step left forward, lock right behind left
7-8 Step left forward, touch right together

SOFT SHOE RIGHT SIDE

1&2 Step right to side, cross left toe over right, step right to side
3&4 Step left to side, cross right toe over left, step left to side
5&6 Step right to side, cross left toe over right, step right to side
&7&8 Left toe to side, step right together, cross left toe over right, step right together

SOFT SHOE LEFT SIDE

1&2 Step left to side, cross right toe over left, step left to side
3&4 Step right to side, cross left toe over right, step right to side
5&6 Step left to side, cross right toe over left, step left to side
&7&8 Right toe to side, step left together, cross right toe over left, step left together

FIGURE 8, COASTER STEP, STEP TOUCH

1-2-3 Step right to side, cross left behind right, turn ¼ right and step right forward
4-5 Touch left toe forward, turn ¼ right
6-7-8 Step left to side, cross right behind left, turn ¼ left and step left forward

9-10 Touch right toe forward, turn ¼ left
11-12 Step right to side, cross left behind right
13&14 Coaster step right, left, right
15-16 Step left forward, touch right together

REPEAT

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