

A Funky Thank You

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alan Haywood (UK) - July 2007
音樂: Thank You (Falletin' Me Be Mice Elf Again) - Eddie Murphy & Antonio Banderas :
(Album: Shrek The Third Soundtrack)



16 count intro, start on vocals

Section 1 R heel, & L heel, & R back lock step, L heel, & R heel, & L forward lock step

1 & 2 Touch right heel forward, step right next to left, touch left heel forward
&3&4 Step left next to right, step back right, lock left over right, step back right
5 & 6 Touch left heel forward, step left next to right, touch right heel forward
&7&8 Step right next to left, step forward onto left, lock right behind left, step forward left

Section 2 Kick R, & Kick L, & hip bumps forward RLR, hip bumps back LRL, hip bumps forward RLR

1&2 Kick right diagonally forward left, step right next to left, kick left diagonally forward right
&3&4 Step left next to right, stepping forward onto right, bump hips forward right left right
5&6 Bump hips back left right left
7&8 Bump hips forward right left right Hip bumps with attitude if you want to!

Section 3 Rock forward L, recover R, 1/4 L side shuffle, cross touch R, & cross touch L, & R over cross shuffle

1-2 Rock forward onto left, recover weight back onto right
3&4 Making a 1/4 turn left step left to left side, close right next to left, step left next to right
5&6 Cross touch right toe over left, step right next to left, cross touch left toe over right
&7&8 Step left next to right, step right over left, step left to left side, step right over left

Section 4 L side rock, recover R, L behind 1/4 R 1/4 R, rock back R, recover L, large R, hold (drag)

1-2 Rock left to left side, recover weight onto right
3&4 Cross step left behind right, step right 1/4 right, making 1/4 right step left to left side
5-6 Rock back onto right (diagonally behind left), recover weight onto left
7-8 Large step to right side, hold (dragging left to right)

Section 5 Syncopated weave to left, unwind 1/2 L, L coaster, out out , & cross L over

&1&2 Step left next to right, cross step right over left, step left to left side, cross step right behind left
&3-4 Step left next to right, cross step right over left, unwind 1/2 turn left
5&6 Step back onto left, step right next to left, step left forward
&7&8 Step right out to right side, step left out to left side (shoulder width), step right next to left, cross step left over right

Section 6 R side rock, recover L, cross R behind 1/4 L step, rock L, recover R, L coaster step

1-2 Rock right to right side, recover weight onto left
3&4 Cross step right behind left, step left 1/4 left, step forward onto right
5-6 Rock forward onto left, recover weight onto right
7&8 Step back onto left, step right next to left, step left forward (optional triple full turn left)

Section 7 Cross R over L, unwind 1/2 L, rock back L, recover R, L cross and heel, & R cross and heel

1-2 Cross step right over left, unwind 1/2 L keeping weight on right
3-4 Rock back onto left, recover weight forward onto right
5&6 Cross step left over right, step right to right side, touch left heel diagonally left
&7&8 Step left next to right, cross step right over left, step left to left side, touch right heel diagonally right

Section 8 & rock forward L, recover R, L coaster, cross R over L, 3 x heel bounce making 1/2 L

&1-2 Step right next to left, rock forward onto left, recover weight back onto left

3&4 Step back onto left, step right next to left, step left forward (optional triple full turn left)

5-6-7-8 Cross step right over left, bounce on heels 3 times making a 1/2 turn left (weight ends on left)

NO TAGS OR RESTARTS ? YIPPEEEEEEEEEEEEEEE!!!!!!!!!!!!!!

ADD ATTITUDE AS YOU FEEL! REPEAT AND ENJOY!!
