

Hoki Mai

拍數: 64 牆數: 4 級數: Improver
編舞者: Joenan (AUS) - July 2007
音樂: Hoki Mai - Prince Tui Teka



Intro: 16 counts

8 POINT SEQUENCE

- 1-4 Point Right toe to right side, point Right toe forward, point Right toe to right side, step forward on Right
5-8 Point Left toe to left side, point Left toe forward, point Left toe to left side, step forward on Left

POINT, STEP BACK, POINT, STEP BACK, ROCK, RECOVER, SHUFFLE FORWARD

- 1-4 Point Right to right side, step back on Right, point Left to left side, step back on Left
5-6 Rock back on Right, recover onto Left
7&8 Shuffle forward on Right, Left, Right

STEP FORWARD, FULL TURN LEFT, STEP FORWARD, SHUFFLE FORWARD

- 1 Step forward on Left
2-5 Turning ¼ left step back on Right, turning ¼ left step Left to left side, turning ¼ left step forward on Right, turning ¼ left step Left to left side
6 Step forward on Right
7&8 Shuffle forward on Left, Right, Left

PIVOT ¼ LEFT, PIVOT ¼ LEFT, ROCK ¼ TURN LEFT, RECOVER, ROCK ¼ TURN RIGHT, RECOVER ¼ TURN RIGHT

- 1-4 Step forward on Right, pivot turn ¼ left onto Left, step forward on Right, pivot turn ¼ left onto Left
5-8 Turning ¼ left rock forward on Right, recover onto Left, turning ¼ right rock forward on Right, turning ¼ right recover onto Left

WALK, WALK, ROCK, RECOVER, SHUFFLE FORWARD, TRIPLE STEP ½ TURN RIGHT

- 1-4 Walk back on Right, walk back on Left, rock back on Right, recover onto Left
5&6 Shuffle forward on Right, Left, Right
7&8 Turning ½ right triple step on Left, Right, Left

(Styling: while shuffling raise hands in the air twirling them the Maori/Hawaiin way)

ROCK, RECOVER, SHUFFLE FORWARD, TRIPLE STEP ½ TURN RIGHT, ROCK, RECOVER

- 1-2 Rock back on Right, recover onto Left
3&4 Shuffle forward on Right, Left, Right
5&6 Turning ½ right triple step on Left, Right, Left
7-8 Rock back on Right, recover onto Left

(Styling: while shuffling raise hands in the air twirling them the Maori/Hawaiin way)

EXTENDED GRAPEVINE

- 1-4 Cross rock Right over Left, recover onto Left, step Right to right side, cross Left over Right
5-8 Step Right to right side, cross Left behind Right, step Right to right side, cross Left over Right

FULL TURN LEFT, ROCKING CHAIR

- 1-4 Turning ¼ left step back on Right, turning ¼ left step Left to left side, turning ¼ left step forward on Right, turning ¼ left step Left to left side
5-8 Rock forward on Right, recover onto Left, rock back on Right, recover onto Left

REPEAT

Ending: To face the front for the end - after the 6th wall you will be facing the back wall 6:00, dance the first 16 counts finishing with a triple step $\frac{1}{2}$ turn left instead of the forward shuffle

Alternate slower music for teaching: Hoki Mai Medley by Dennis Marsh (start dance on "mai" when he sings "hoki mai")
