

I'm Falling

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Barbie Snell (UK) & Andy Snell (UK) - July 2007
音樂: Falling (Radio Mix) - Karen Louise : (CD Single)



Intro 16 counts

SKATE RIGHT-LEFT, SHUFFLE, ROCK-RECOVER, TOUCH UNWIND

1, 2 Skate right to right diagonal, skate left to left diagonal
3&4 Shuffle forward, right-left-right
5, 6 Rock forward on left, recover on right
7, 8 Touch left behind right, unwind ½ turn left (weight on left)

SHUFFLE FORWARD x2, TOUCH FRONT-SIDE, R-SAILOR

1&2 Shuffle forward, right-left-right
3&4 Shuffle forward, left-right-left
5, 6 Touch right toe forward, touch right toe to right side
7&8 Step right behind left, left to left side, right to right side

TOUCH FRONT-SIDE, L-SAILOR ¼ LEFT, SHUFFLE, ROCK-RECOVER

1, 2 Touch left toe forward, touch left toe to left side
3&4 Turn ¼ turn left sweeping left behind right, step right to right side, step left to left side
5&6 Shuffle forward, right-left-right
7, 8 Rock forward on left, recover on right

FULL TURN LEFT, ROCK-RECOVER, FULL TURN RIGHT, ROCK-RECOVER

1&2 Triple full turn left, left-right-left (or left coaster step)
3, 4 Rock forward on right, recover on left
5&6 Triple full turn right, right-left-right (or right coaster step)
7, 8 Rock forward on left, recover on right

SHUFFLE BACK, ROCK-RECOVER, STEP ¼ TURN LEFT, CROSS-BACK-BACK

1&2 Shuffle back, left-right-left
3, 4 Rock back on right, recover on left
5, 6 Step forward on right, pivot ¼ turn left onto left foot
7&8 Step right across left, step back on left, step back on right

CROSS-BACK-SIDE, ROCK-RECOVER, ¼ TURN, SHUFFLE

1, 2 Step left across right, step back on right
3, 4 Step left to left side, rock right across left
5, 6 Recover on left, turn ¼ right stepping forward on right
7&8 Shuffle forward, left-right-left

RESTART here on wall 2

ROCK-RECOVER, CHASSE ¼ TURN RIGHT, CROSS-BACK, L-COASTER

1, 2 Rock forward on right, recover on left
3&4 Turn ¼ right stepping right to right side, close left beside right, right to right side
5, 6 Step left across right, step back on right
7&8 Step back on left, step right next to left, step forward on left

½ TURN x 2, MAMBO, SWEEP x 2, SAILOR ¼ TURN LEFT

1, 2 Turn ½ turn left stepping back right, turn ½ turn left stepping forward left
3&4 Rock forward on right, recover on left, step back on right
5, 6 Sweep left out and behind right, sweep right out and behind left
7&8 Turn ¼ left sweeping left out and behind right, right to right side, left to left side

RESTART: AFTER 48 counts on wall 2
