

# Put Your Hands On My Waistline

**COPPER** KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Amy Christian (USA) - June 2007  
音樂: Get Mine, Get Yours - Christina Aguilera : (Album: Stripped)



## 16 Count Intro.

### FWD SAILOR, COASTER STEP, CHASE TURN, TRIPLE FULL TURN

1&2      Step R foot across L foot, Step back on L foot, Step R foot to R side,  
3&4      Step back on L foot, Step R foot next to L foot, Step fwd on L foot,  
5&6      Step fwd on R foot, Pivot ½ turn left on L foot, Step fwd on R foot,  
7&8      ½ turn right on R foot, ½ turn right on L foot, Step fwd on R foot,

(Optional hand movements)

1&2      Cross palms, in front, facing up(1), Swing out hands to sides, palms still facing up(&2),  
3&4      Swing hands back across again with palms facing down(3), Swing hands out to sides(&) Slap  
hands on side of hips(4),  
5-8      Leave hands on hips.

### SIDE ROCK CROSS X 2, HITCH, COASTER CROSS, BUMP X 2

1&2      Step R foot to R side, Recover on L foot, Step R foot across L foot,  
&3&      Step L foot to L side, Recover on R foot, Step L foot across R foot,  
4      Hitch R foot, Popping shoulders fwd,  
5&6      Step back on R foot, Step L foot next to R foot, Step R foot across L foot,  
7&8      Step L foot to L side as you bump left, Bump left again with weight on L foot,

(Optional hand movements)

7&8      Look left, Point R hand index & middle fingers to L side twice, as you bump left twice,

### SAILOR ¼ TURN R, FWD MAMBO, ½ TURN R RUN, RUN, OUT, OUT, HIP ROLL ¼ TURN

1&2      Sweep R foot behind L foot, making ¼ turn right, Step L foot to L side, Step R foot to R side,

(17&18 - The Big Finish, ends here).

3&4      Rock fwd on L foot, Recover back on R foot, Step back on L foot,  
&5      ½ turn right on R foot, Step fwd on L foot,  
&6      Step R foot to R side, Step L foot to L side,  
7-8      CCW Hip roll into ¼ turn left, (weight on R foot),

### COASTER CROSS, SIDE ROCK CROSS, CROSS SHUFFLE, ¼ TURN R, KNEE POPS

1&2      Step back on L foot, Step R foot next to L foot, Step L foot across R foot,  
3&4      Step R foot to R side, Recover on L foot, Step R foot across L foot,  
&5&6      Step L foot to L side, Step R foot across L foot, Step L foot to L side, Step R foot across L  
foot,  
6      ¼ Turn right, Stepping L foot next to R foot,  
7&8      Look left, Pop knees out, in, out, as you push your chest out, in. out.

The Big Finish: Keep dancing right thru, till the end of the song. The beat will stop, but there will still be some (string) music. Finish with a bang on the ¼ turn Sailor Step, which will bring you to the front wall, Push chest fwd and hold that pose, (17&18).

ENJOY

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