

Cajun Strut

拍數: 32 牆數: 4 級數: Beginner
編舞者: Anneke Stephenson (UK) - June 2007
音樂: Adalida - George Strait : (CD: Lead On)



16 Count Intro

Double heel Double toe, Heel Toe Heel Toe

1 - 2 Touch right heel forward, touch right heel forward
3 - 4 Touch right toe backward, touch right toe backward
5 - 6 Touch right heel forward, Touch right toe back
7 - 8 Touch right heel forward, Touch right toe back.

Struts Right, Left, Right, Left

1 - 2 Touch right heel forward, Drop right toe
3 - 4 Touch left heel forward, Drop left toe
5 - 6 Touch right heel forward, Drop right toe
7 - 8 Touch left heel forward, Drop left toe.

Walk back Right, Left, Right, Left, Grapevine Right

1 - 2 Step right Back, Step left Back
3 - 4 Step right Back, Step left Back
5 - 6 Step right to right side, Step left behind right
7 - 8 Step right to right side, Touch left beside right.

Grapevine Left, Jazz Box 1/4 Turn Right

1 - 2 Step left to left side, step right behind left
3 - 4 Step left to left side, Touch right beside left
5 - 6 Cross right over left, Turn 1/4 right stepping left back
7 - 8 Step right to right side, Touch left beside right.

TAG: There is a small tag which appears at the beginning of walls 3 & 9 which enables the dance to remain within phrasing. You will have completed the Jazz box with a 1/4 turn, then add:

1 - 2 Touch right heel forward, close right foot next to left
3 - 4 Touch left heel forward, close left foot next to right

The dance then resumes from the beginning
