

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Tim Gauci (AUS) - August 2007
音樂: Online - Brad Paisley : (Album: 5th Gear)



Begin 32 beats in

finish dance just before marching band instrumental

SIDE, BEHIND & CROSS, SIDE, SAILOR STEP, BEHIND, UNWIND 3/4 L

1,2&3,4 Step L to L, step R behind L, step L to L (&), step R over L, step L to L
5&6,7,8 Step R behind L, step L to L, step weight onto R (R sailor step), touch L behind R foot,
unwind ¾ to L

STEP, LOCK & STEP, TOUCH, 1/4 STOMP, KICK, SAILOR STEP

1,2&3,4 Step R fwd 45deg R, lock L behind R, step weight onto R (&), step L fwd 45deg L, touch R
tog
5,6,7&8 Turning ¼ L stomp R to R side (clap hands), kick L out to L side (click fingers), step L behind
R, step R to R, step weight onto L (L sailor step)

BEHIND, SIDE, CROSS, HOLD & CROSS, SIDE, 1/4 COASTER STEP

1,2,3,4 Step R behind L, step L to L, step R over L, hold
&5,6,7&8 Step L to L (&), step R over L, step L to L, making ¼ turn R step R back, step L tog, step R
fwd (R coaster step)

STEP, STEP, TWIST 1/4, TWIST 1/4, FWD, ROCK, 3/4 CHA CHA

1,2,3,4 Step L fwd, step R fwd, with weight on toes twist heels to R making ¼ turn L, with weight on
heels twist toes to R making ¼ turn R (weight on R)
5,6,7&8 Step L fwd, rock weight back onto R, making ¾ turn L step L,R,L

CROSS, HEEL & CROSS, SIDE, SAILOR STEP, BEHIND, SIDE

1,2&3,4 Step R over L 45deg L, touch L heel fwd, step weight onto L (&), cross R over L, step L to L
5&6,7,8 Step R behind L, step L to L, step weight onto R (R sailor step), step L behind R, step R to R

CROSS, SIDE, HEEL & CROSS, SIDE, HEEL & CROSS, 1/4 L, COASTER STEP

1&2&3&4& Step L over R, step R to R (&), touch L heel 45deg L, step weight onto L (&), step R over L,
step L to L (&), touch R heel 45deg R, step weight onto R (&)
5,6,7&8 Step L over R, step R back making ¼ turn L, step L back, step R tog, step L fwd (L coaster
step)

STEP, STEP, TWIST 1/4, TWIST 1/4, FWD, ROCK, FULL TURN CHA CHA

1,2,3,4 Step R fwd, step L fwd, with weight on toes twist heels to L making ¼ turn R, with weight on
heels twist toes to L making ¼ turn L (weight on L)
5,6,7&8 Step R fwd, rock weight back onto L, making full turn R step R,L,R

FWD, COASTER, BACK COASTER, TOUCH & TOUCH & TOUCH, FLICK

1&2,3&4 Step L fwd, step R tog, step L back, step R back, step L tog, step R fwd
5&6&7,8 Touch L toe to L, step L tog (&), touch R toe to R, step R tog (&), touch L toe to L, flick L foot
behind R leg

beats Repeat dance in new direction

Tag-add the following 16 beats at the end of walls 2 (facing back) & 4 (facing front)

SIDE, BEHIND & CROSS, SIDE, SAILOR STEP, BEHIND, UNWIND FULL TURN L, REPEAT R

1,2&3,4

Step L to L, step R behind L, step L to L (&), step R over L, step L to L

5&6,7,8

Step R behind L, step L to L, step weight onto R (R sailor step), touch L behind R foot,
unwind full turn to L

Repeat above 8 beats on R foot ending with weight on R

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