

Reggae Night

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mad Matty (NL) - August 2007
音樂: Reggae Nights - Jimmy Cliff



- 1-8 Cross, kickball cross, back, together, cross , side, together ¼, left lockstep**
1,2 & LF cross over RF, kick RF diagonal to right, RF step on the ball,
3,4 & LF cross over RF, RF step backwards, LF step together right
5,6,7 RF cross over LF, step left to left side, RF step together LF while turning ¼ right
8 & 1 LF step forward, RF lock behind LF, LF step forward
- 9-16 Spiral turn ¾ , side, toe strut , sailor ¾**
2,3,4 RF step 1/8 diagonal to right, LF step backwards turn ¼ (while RF still cross over) RF step
1/4 right
5,6,7 Finish the ¾ stepping LF to left. RF touch to right, RF step down
8 & 1 LF behind right foot, turn ½ to left, while stepping RF to right, turn ¼ step LF forward
- Restart: at the restart 4th wall the counts 8 & 1 ,it is a ¾ sailor cross LF over Right foot**
- 17-24 Out ,out ,coaster cross, cross, sweep, cross shuffle**
2,3 RF step to right, LF step to left (with attitude, make your own style)
4 & 5 RF step backwards, LF step backwards, RF cross over LF
6,7 Cross LF over RF, RF sweep forward to LF
8 & 1 RF cross over LF, LF step to left, RF cross over LF
- 25-32 ¼ , 1/2 , boogie steps 2x,sailor touch, mambo cross**
2,3 LF step ¼ to left, RF turn ½ left stepping backwards
4,5 LF step backwards popping right knee, RF stepping backwards popping left knee
6 & 7 LF behind RF, RF step to right, LF touch beside RF
8 & LF rock to left, recover on RF

RESTART: At wall 4 on count 16 & 17, restart the dance with sailor cross ¾ , instead of a normal sailor ¾