## **Dancing Floor**

級數: Beginner

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音樂: The Dancing Floor - Runrig : (CD: Mara)

### Intro: there?s a long intro of 48 sec. Start on vocals

### CROSS ROCK, CHASSE, CROSS ROCK CHASSE ¼ TURN LEFT

- 1-2 Cross rock Right over Left, recover weight on Right
- 3&4 Step Right to right side, step Left beside Right, step Right to right side
- 5-6 Cross rock Left over Right, recover weight on Left
- 7&8 Step Left to left side, step Right beside Left, make 1/4 turn left stepping forward on Left [9]

### FULL TURN LEFT, FORWARD SHUFFLE RIGHT, FORWARD ROCK, RECOVER, TRIPLE ¾ TURN LEFT

- 1-2 Make ½ turn left stepping back on Right, make ½ turn left stepping forward on Left
- 3&4 Step forward Right, step Left together, step forward Right
- 5-6 Rock forward Left, recover weight on Right
- 7&8 Make in place a <sup>3</sup>⁄<sub>4</sub> turn left stepping Left-Right-Left [12]

### SIDE ROCK RIGHT, RECOVER, HEEL-BALL-CROSS, SIDE ROCK RIGHT, RECOVER, HEEL-BALL-CROSS

- 1-2 Rock Right out to right side, recover weight on Left
- 3&4 Touch Right heel slightly diagonally forward right, step Right back, cross step Left over Right
- 5-6 Rock Right out to right side, recover weight on Left
- 7&8 Touch Right heel slightly diagonally forward right, step Right back, cross step Left over Right

### SIDE ROCK RIGHT, RECOVER WITH ½ TURN LEFT, FORWARD SHUFFLE RIGHT, SHUFFLE ½ TURN RIGHT, BACK ROCK, RECOVER

- 1-2 Rock Right out to right side, make <sup>1</sup>/<sub>4</sub> turn left recovering weight on Right
- 3&4 Step forward Right, step Left together, step forward Right
- 5&6 Shuffle forward making <sup>1</sup>/<sub>2</sub> turn right stepping Left-Right-Left
- 7-8 Rock back on Right, recover weight on Left [3]

### TAG 1: After 3rd wall (facing 9 o?clock) do this easy 4 count tag:

### **ROCKING CHAIR**

- 1-2 Rock forward on Right, recover weight on Left
- 3-4 Rock back on Right, recover weight on Left

# TAG 2: After 8th wall (your facing 12 o?clock) do this 12 count tag (it?s at the end of the instrumental section) FORWARD ROCK, RECOVER, SHUFFLE ½ TURN RIGHT, STEP, PIVOT ½ TURN RIGHT, FORWARD SHUFFLE LEFT

- 1-2 Rock forward on Right, recover weight on Left
- 3&4 Make ¼ turn right stepping Right to right side, step Left together, make ¼ turn right stepping forward Right
- 5-6 Step forward Left, pivot ½ turn right
- 7&8 Step forward Left, step Right together, step forward Left [12]

### STEP, PIVOT ¼ TURN LEFT, STEP, PIVOT ¼ TURN LEFT

- 1-2 Step forward Right, pivot ¼ turn left
- 3-4 Step forward Right, pivot ¼ turn left [6]
- FINISH: When the music starts fading away just continue the dance. You?re facing 9 o?clock wall when you start the dance for the last time.

Dance up to and including count 12 (you?re facing the back wall), then cross Left over Right and unwind ½ turn right to finish at starting wall.





拍數: 32

**牆數:**4