

# Hard Workin' Man

**COPPERKNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Sobrielo Philip Gene (SG) - August 2007  
音樂: Hard Workin' Man - Brooks & Dunn : (Album: Hard Workin Man)



## KICK BALL CROSS, KICK BALL CROSS, SIDE SHUFFLE, ROCK RECOVER

1&2      Kick right forward (1), step right to right (&), cross left over right (2)  
3&4      Kick right forward (3), step right to right (&), cross left over right (4)  
5&6      Step right to right (5), step left beside right (&), step right to right (6)  
7-8      Rock left behind right (7), recover weight onto right (8)

## KICK BALL CROSS, KICK BALL CROSS, SIDE SHUFFLE, ROCK RECOVER

1&2      Kick left forward (1), step left to left (&), cross right over left (2)  
3&4      Kick left forward (3), step left to left (&), cross right over left (4)  
5&6      Step left to left (5), step right beside left (&), step left to left (6)  
7-8      Rock right behind left (7), recover weight onto left (8)

## MONTEREY ¼ TURN, POINT STEP ?2

1-2      Point right to right (1), making ¼ turn right step right forward (2)  
3-4      point left to left (3), step left beside right (4)  
5-8      Repeat steps 1-4

## STEP, HEEL BOUNCE RIGHT, STEP HEEL BOUNCE LEFT

1-4      Step right forward (1), bounce right heel 3 times (2-4)  
5-8      Step left forward (5), bounce left heel 3 times (5-8)

## PIVOT ½ TURN, FORWARD SHUFFLE, PIVOT ½ TURN, FORWARD SHUFFLE

1-2      Step forward right (1) pivot ½ turn left (2) (weight on left)  
3&4      Step right forward (3), step left beside right (&), step right forward (4)  
5-6      Step forward left (5) pivot ½ turn right (6) (weight on right)  
7&8      Step left forward (7), step right beside left (&), step left forward (8)

## ¼ LEFT POINT, HOLD, HEEL BOUNCE

1-4      Making ¼ turn left point right to right (1), hold for 3 counts (2-4)

(optional hand movement: spread hands to respective side at hip levels with palms facing down)

5-8      Bounce right heel 4 times (5-8)(weight on left)

**(Re-starts: On wall 2 and 5 do dance until step 48 counts and start again)**

## SIDE SHUFFLE ROCK RECOVER, SIDE SHUFFLE ROCK RECOVER

1&2      Step right to right (1), step left beside right (&), step right to right (2)  
3-4      Rock left behind right (3), recover weight onto right (4)  
5&6      Step left to left (5), step right beside left (&), step left to left (6)  
7-8      Rock right behind left (7), recover weight onto left (8)

## STEP, HEEL SWIVELS TO RIGHT, SWIVELS BACK TOWARDS LEFT

1      Step left beside right (1)  
2-4      swivel right heel out (2) swivel right toe out (3), swivel right heel out (4)  
5-6      Swivel right heel in (5) swivel right toe in (6),  
7-8      Swivel right heel in (7), swivel right toe in beside left (8)

## Repeat

Dance with soul!

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