

# Get Get Get

COPPERKNOB  
BY STEPHENETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Barry Durand (USA) - August 2007  
音樂: Can I Get Get Get - Junior Senior



## 32 count intro

### 1-8      **Hip Hop Cross, Twist turn, Walks**

1&2      Cross L over R and rock forward on an angle, recover R, step side L

3&4      Cross R over L and rock forward on an angle, recover L, turn ¼ turn to the right and step forward R

&5,6      Step forward (or slight hop) with L and quickly cross R behind L, turn to right a full turn on count 6 with weight ending on R

7,8      Walk L, R

### 9-16      **Coupee (flick), Lock step, Turn, Shuffle**

1&2      Step forward L, turn ¼ turn left and step side R, replace right foot with L while extending R to side and turning ¼ turn to left.

3&4      Lock step by stepping forward R, lock behind L, step forward R

5,6      Turn a full turn to the right while walking L, R

7&8      Shuffle forward L, R, L and sweep R back to front starting a left turn

### 17-24      **Syncopated Weaves**

1&2&3&4      Turn ¼ turn to the left and do a weave by crossing front R, side L, cross back R, side L, cross front R, side L, cross back R sweeping L toward back

5&6&7&8      Cross L behind R, side R, cross forward L, side R, cross back L, side R, cross front L and sweep R around making a quarter turn to the left

### 25-32      **Hip Bumps, Pivot Turns**

1&2,3&4      Hip Bump R,L,R, then L,R,L with a ¼ turn to the left on the last bump weight on L

5,6,7,8      Pivot turn by stepping forward R and turn ½ turn left, step forward onto L, step forward R turning ½ turn left, and tap L together with R

### 32-39      **Apple Jacks, Turning Sailors, Step**

1&2      Moving Applejack to left by placing weight on ball of R and heel of L then split knees out (moving slightly left), place weight on heel of R and ball of L then bring knees together (moving slightly left), place weight on ball of R and heel of L then bring knees out (moving slightly left) and as you do step onto the L with a ¼ turn to the left. If you don't want to do Apple jacks, simply hip bump L & L finishing with ¼ turn left and stepping onto L

3,4&5      Turning Sailor by Stepping forward onto R, while sweeping L behind and turning ½ turn to the left. Then do a sailor Step, by crossing behind L, side R, forward L but prep the L foot out and prepare to turn back to right

6&7      Turning Sailor by hooking or sweeping R behind L making a ½ turn to the right while stepping L and then forward R.

8      Step forward L

### 40-48      **Knee Wag, Turning Sailor, Shuffle**

1&2      Swivel on heel of R foot and move knee to right & right making a ¼ to the right on 2 while taking weight on R

3,4&5      Turning Sailor by Stepping forward onto L, while sweeping R behind and turning ½ turn to the right. Then do a sailor Step, by crossing behind R, side L, forward R

6&7      Shuffle step L,R,L.

8      Step forward R and end prepared to do the Applejack step again.

### 49-56      **Repeat counts 32-39 Apple Jacks, Turning Sailors, Step**

### 57-64      **Knee Wag, Turning Sailor, Pivot**

- 1&2 Swivel on heel of R foot and move knee to right & right making a  $\frac{1}{4}$  to the right
- 3,4&5 Turning Sailor by Stepping forward onto L, while sweeping R behind and turning  $\frac{1}{2}$  turn to the right. Then do a sailor Step, by crossing behind R, side L, forward R
- 6,7,8 Step forward L pivoting to the right  $\frac{1}{2}$  turn and bring R together with L while dropping down with bent knees and head down, then pop back up with weight on R.

**End of Dance ? Repeat as necessary!**

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