

No Smokin'

拍數: 32 牆數: 4 級數: Improver
編舞者: Joy Ashton (UK) - August 2007
音樂: No Smoking - Johny Wakelin & The Diablos



CROSS ROCK, RIGHT CHASSE, WEAVE RIGHT

1-2 Cross/rock right over left, recover onto left
3&4 Step right to side, step left together, step right to side
5-6 Cross left over right, step right to side
7-8 Cross left behind right, step right to side

CROSS ROCK, RIGHT CHASSE, WEAVE LEFT WITH TURN ¼ LEFT

1-2 Cross/rock left over right, recover onto right
3&4 Step left to side, step right together, step left to side
5-6 Cross right over left, step left to side
7-8 Cross right behind left, turn ¼ left and step left forward

FORWARD ROCK, TRIPLE ¾ RIGHT, FORWARD ROCK, LEFT COASTER

1-2 Rock right forward, recover onto left
3&4 Triple in place turning ¾ right and step right, left, right
5-6 Rock left forward, recover onto right
7&8 Step left back, step right together, step left forward

SIDE ROCK, CROSSING SHUFFLE, VINE LEFT WITH TURN ¼ LEFT (HOLD/CLAP)

1-2 Rock right to side, recover onto left
3&4 Cross right over left, step left to side, cross right over left
5-6 Step left to side, cross right behind left
7-8 Turn ¼ left and step left forward, touch right toe together (clap)

REPEAT
