Say Your Prayers!

拍數: 44

級數: Intermediate

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音樂: Pray - Tina Cousins

Start on synths (Intro about 18 seconds)

Rock out on right, recover, cross shuffle right over left,

- 1,2, Rock out on right to right side, recover weight to left,
- 3&4. Cross shuffle right over left,

Weave left, step left to left, right behind, switch step, point left to left and clap,

- Step left to left side, step right behind left, 5.6.
- 7&8 Quickly place right in front of left, point left out to left side and clap,

Step left behind right, right to right, cross shuffle left over right,

- 9,10, Step left behind right, step right to right,
- 11&12 Cross shuffle left over right,

Weave right, step right to right, left behind, switch step, point right to right and clap,

- 13,14, Step right to right, step left behind right,
- 15&16 Quickly place left in front of right, point right to right side and clap,

Step right behind left, point left to left and clap, step left behind right, point right to right and clap,

- 17,18, Step right foot behind left, point left foot out to left side and clap,
- 19,20, Step left foot behind right, point right foot out to right side and clap,

Touch right to left, point right to right, touch right toe behind left, unwind clockwise half a turn,

- Bring right foot to left, point right foot out to right side, 21,22,
- 23,24, Cross right behind left and unwind half a turn clockwise,

Rock and cross left over right, recover, side shuffle left,

- Rock and cross left over right, recover weight to left foot, 25.26.
- Step left to left side, bring right beside left, step left to left side, 27&28

Rock and cross right over left, recover, side shuffle right,

- Rock and cross right over left, recover weight to right foot, 29,30,
- 31&32 Step right to right side, bring left beside right, step right to right side,

Side pivot turn on right, (clockwise), hold and clap, side pivot turn on left, (clockwise) hold and clap,

- 33. Turn a half, keeping right foot in place, over right shoulder,
- 34. Briefly hold and click fingers,
- Turn a half, keeping left foot in place, over right shoulder, 35,
- Briefly hold and click fingers, 36,

Turn a guarter over right shoulder and step pivot turn on left, skate left, right,

- 37,38, Quickly turn a quarter over right shoulder and step forward on left, turn a half over right shoulder, keeping right foot in place,
- 39,40, Walk forward on left swerving to left, walk forward on right swerving to right,

Rock forward on left, recover, coaster step on left,

- 41,42, Rock forward on right, recover weight to left foot,
- 43&44, Step back on left, bring right beside left, step forward on left,





牆數: 4