

# Hello Mary Lou

拍數: 32      牆數: 4      級數: Improver  
編舞者: Ib Larsen (DK) - August 2007  
音樂: Hello Mary Lou - Creedence Clearwater Revival



## HEEL STRUT 2X, FORWARD COASTER, TOE STRUT 2X BACK, BACK COASTER

1&2&      Touch right heel forward, drop right toe, step left heel forward, drop left toe  
3&4      Step right forward, step left together, step right back  
5&6&      Step left toe back, drop left heel, step right toe back, drop right heel  
7&8      Step left back, step right together, step left forward

## STEP TURN ¼ LEFT, CROSS SHUFFLE, LEFT SCISSORS, RIGHT SCISSORS

9-10      Step right forward, turn ¼ left (weight to left)  
11&12      Cross right over left, step left to side, cross right over left  
13&14      Step left to side, step right together, cross left over right  
15&16      Step right to side, step left together, cross right over left

## TOUCH, HOOK, STEP TURN ¼ RIGHT STEP CROSS, CHASSE RIGHT, LEFT SAILOR

17&      Touch left toe to side, touch left toe together  
18&      Touch left heel forward, hook left over right  
19&20      Step left forward, turn ¼ right (weight to right), cross left over right  
21&22      Step right to side, step left together, step right to side  
23&24      Cross left behind right, step right to side, step left to side

## TOUCH, HOOK, STEP TURN ½ LEFT STEP, SHUFFLE FORWARD, ROCK TURN ¼ RIGHT STEP

25&      Touch right toe to side, touch right toe together  
26&      Touch right heel forward, hook right over left  
27-28      Step right forward, turn ½ left (weight on right)  
29&30      Step left forward, step right together, step left forward  
31&32&      Rock right forward, recover to left, turn ¼ right and step right forward, step left forward

## REPEAT

**ENDING:** On wall 7 (last wall) change counts 15&16 to "step right to side, turn ¼ left and step left forward, step right together" to finish facing home wall

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