

Sergio & John

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Michele Burton (USA) & Michele Perron (CAN) - June 2007
音樂: Please Baby Don't (feat. John Legend) - Sergio Mendes : (CD: Timeless)



Introduction: 16 Counts

- Sec. 1 (1?8)** **SIDE, TOGETHER, FORWARD, HOLD; BACK, TURN, FORWARD, HOLD**
1,2,3,4 LEFT Step to side L; RIGHT Step beside L; LEFT Step forward; HOLD
5,6,7,8 RIGHT Step back; Turn 1/2 L with LEFT Step forward; RIGHT Step forward; HOLD [6 o'clock]
- Sec.2 (9?16)** **FORWARD, TURN, FORWARD, HOLD; TOUCH, TURN, BACK, HIP/HOLD**
1,2,3,4 LEFT Step forward; RIGHT Step forward with 1/2 Turn R; LEFT Step forward; HOLD
5,6,7,8 RIGHT Toe/Touch forward; Turn 1/2 L, weight to right; LEFT Step back; HOLD with LEFT hip back [6 o'clock]
- Sec.3 (17?24)** **TURN, TURN, TURN, HOLD; CROSS/ROCK, RECOVER/BACK, SIDE, HOLD**
1,2 RIGHT Step forward with 1/4 Turn R; LEFT Step back with 1/4 Turn R
3,4 RIGHT step side R with 1/4 Turn R; HOLD [3 o'clock]
5,6,7,8 LEFT Cross/Rock in front of R RIGHT Recover/Back; LEFT Step side L; HOLD
- Sec.4 (25?32)** **CROSS, SIDE, CROSS, TOUCH; TURN, TURN, SIDE, TOUCH**
1,2,3,4 RIGHT Step across front of L LEFT Step side L; RIGHT Step across front of L LEFT Touch side L
5,6 Begin 1/2 Turn L with LEFT Step back; Complete 1/2 Turn L with RIGHT Step across front of L
7,8 LEFT Step side L; RIGHT Touch across front of L [9 o'clock]
- Sec.5 (33?40)** **SIDE, TOGETHER, ACROSS (R Scissor), HOLD; TURN, TURN, TURN, HOLD**
1,2,3,4 RIGHT Step to side R; LEFT Step beside R; RIGHT Step across front of L; HOLD
5,6 LEFT Step back with 1/4 Turn R; RIGHT Step side R with 1/4 Turn R
7,8 LEFT Step forward with 1/4 Turn R; HOLD [6 o'clock]
- Sec.6 (41?48)** **FORWARD, BACK, BACK, HOLD [Mambo] [BACK, TURN, ACROSS, HOLD]**
1,2,3,4 RIGHT Rock/Step forward; LEFT Recover/Step back RIGHT Step back HOLD
5,6,7,8 LEFT Rock/Step back RIGHT Recover/Step forward LEFT Step side L with 1/4 Turn R HOLD [9 o'clock]
- Sec.7 (49?56)** **SIDE, TOGETHER, SIDE, TOUCH STEP, TOUCH, STEP, TOUCH**
1,2,3,4 RIGHT Step side R LEFT Step beside R RIGHT Step side R LEFT Touch beside R
5,6,7,8 LEFT Step side L RIGHT Touch in front of L RIGHT Step side R; LEFT Touch in front of R [9 o'clock]
- Sec.8 (57?64)** **TURN, TURN, TURN, HOLD; ROCK/FORWARD, RECOVER/BACK, TURN, TURN/HOLD**
1,2 Turn 1/4 L with LEFT Step forward Turn 1/2 L with RIGHT Step back
3,4 Turn 1/4 L with LEFT Step to side L HOLD
5,6 RIGHT Cross/Rock in front of L LEFT Recover/Step Back
7,8 RIGHT Step forward with 1/2 Turn R Continue 1/4 Turn R on HOLD [6 o'clock]

Begin Again

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