

Dog & Bone

拍數: 32 牆數: 4 級數: Improver
編舞者: Kate Sala (UK) - August 2007
音樂: How a Cowgirl Says Goodbye - Tracy Lawrence : (CD: Step In Line)



Start after a 16 count intro, counting from the first heavy beat. Starting on the word `First Sunlight?.

Walk x 2, Step Forward, Tap, Step Back, Kick, Coaster Step, Step, Tap, Back Kick.

1 2 Walk forward on R, L.
3 & 4 & Step forward on R. Tap L behind R. Step back on L. Kick R forward.
5 & 6 Step back on R. Step L next to R. Step forward on R.
7 & 8 & Step forward on L. Tap R behind L. Step back on R. Kick L forward.

Coaster Step, Shuffle, Mambo Step, Side, Together, Forward.

1 & 2 Step back on L. Step R next to L. Step forward on L.
3 & 4 Step forward on R. Step L next to R. Step forward on R.
5 & 6 Rock forward on L. Rock back on R. Step back on L.
7 & 8 Step R to R side. Step L next to R. Step forward on R.

Mambo ¼ Turn L, Cross, Side Step, Sailor ½ Turn R, L Side Mambo Cross.

1 & 2 Rock forward on L. Rock back on R. Turn ¼ L stepping L to L side.
3 4 Cross step R over L. Step L to L side.
5 & 6 Cross step R behind L turning ¼ R. Turn ¼ R stepping L slightly to L side. Step R in place.
7 & 8 Rock on L out to L side. Recover on to R. Cross step L over R.

Sway R & L, Sailor ½ Turn R, L Heel Ball Step, Mambo ½ Turn L.

1 2 Step R to R side swaying R. Sway L.
3 & 4 Cross step R behind L turning ¼ R. Turn ¼ R stepping L slightly to L side. Step R in place.
5 & 6 Dig L heel forward. Step down on ball of L. Step forward on R.
7 & 8 Rock forward on L. Rock back on R. Turn ½ L stepping forward on L.

Start Again!

NOTE: - There is 1 restart on wall 4.

Dance the first 3 sections until count 24, that is up to & including L side Mambo, You will be facing the Front Wall. Start again from the beginning.