He's My Brother

拍數: 32

牆數:4

級數: Intermediate

編舞者: Alan Haywood (UK), Fiona Haywood (UK) & Pat Waterhouse (UK) - August 2007



音樂: He Ain't Heavy, He's My Brother - The Hollies: (CD: The Hollies Greatest Hits)



Intro: 16 counts start on the word ?LONG?

- Section 1 R diag rock forward, recover L, R behind & across, L side rock, recover R, triple full turn L 1-2 Rock forward diagonally onto right, recover weight back onto left 3&4 Cross step right behind left, step left to left side, cross step right over left 5-6 Rock left to left side, recover weight back onto right Triple full turn left stepping left right left travelling slightly to right (12 o?clock) 7&8
 - (Easy option: left behind and across)
- Section 2 R side rock, recover L, R behind 1/2 L R side, cross rock back L, recover R, L side shuffle 1-2 Rock right to right side, recover weight onto left
- 3&4 Cross step right behind left, making a 1/2 turn left step left forward, step right to right side (6 o?clock)
- Cross rock left back behind right, recover weight forward onto right 5-6
- Step left to left side, close right to left, step left to left side 7&8

****RESTART HERE DURING WALL 6****

Section 3 1-2 3&4 5-6 7-8	Skate forward R, skate forward L, R forward shuffle, rock forward L, recover R, ½ L, ¼ L Skate forward onto right, skate forward onto left (or walk forward right left) Step forward onto right, close left next to right, step forward onto right Rock forward onto left, recover weight back onto right Pivot ½ turn left stepping left forward, (12 o?clock) make ¼ turn left stepping right to right side (9 o?clock)
Section 4	Side (90?clock)

- Section 4 Rock back L, recover R, L kick-ball cross, L side rock, recover R, triple 11/2 L
- Cross rock left back behind right, recover weight forward onto right 1-2
- 3&4 Kick left diagonally left forward, step left next to right, cross step right over left
- Rock left to left side, recover weight onto right 5-6
- 7&8 Triple 1¹/₂ turn left stepping left right left (3 o?clock) (Easy option: shuffle 1/2 turn left stepping left right left)

RESTART: Start wall 6 facing the 3 o?clock wall, dance 1st 16 counts only (left side shuffle) you will then be facing the 9 o?clock wall then restart dance from the beginning.

ENDING: At end of dance, when facing the 3 o?clock wall, after count 6, recover weight onto right, do a ¼ left shuffle (to face the home wall)

Choreographers? note: after restart, you will dance complete wall. During the next wall there is a brief rapid drum beat, after the 1st 8 counts where you will have to concentrate to keep the steps ? just dance through and enjoy the dance.

END OF DANCE

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