

Redemption

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Theresa Needham (UK) - August 2007
音樂: Nickajack Cave - Gary Allan : (CD: Tough All Over)



24 COUNT INTRO.

ALTERNATIVE TRACK, GARY ALLAN. ?RING RING? CD. TOUGH ALL OVER. 32 COUNT INTRO.

STEP BALL STEP, ROCK RECOVER SHUFFLE ½ R, FULL TURN R

1 & 2 Step L foot forward, bring R foot next to L on ball of foot, step forward on L
3 ? 4 Rock forward on R, recover onto L,
5 & 6 Shuffle ½ turn R, (R,L, R)
7 ? 8 Make ½ turn R stepping back on L, make ½ turn R stepping forward on R (Option: walk L, R)

L CHASSE, KICK SIDE CROSS, SIDE BEHIND SIDE SCUFF L

1 & 2 Step L to L side, close R next to L, step L to L side
3 & 4 Kick R across L, step R to R side, cross L over R
5 ? 6 Step R to R side, step L behind R,
7 ? 8 Step R to R side, scuff L foot forward

ROCKING CHAIR, STEP ¼ R CROSS STEP SIDE

1 ? 2 Rock forward onto L, recover onto R
3 ? 4 Rock back onto L, recover onto R
5 ? 6 Step forward on L, pivot ¼ turn R
7 ? 8 Cross L over R, step R to R side

KICK BACK TOUCH X 2, ROCK RECOVER SAILOR ¼ L

1 & 2 Kick L foot forward, step back on L, touch R across L
3 & 4 Kick R foot forward, step back on R, touch L across R
5 - 6 Rock L to L side, recover onto R
7 & 8 Make ¼ turn L, sweep L behind R, step R to R side, step L in place

STEP ½ TURN R, SIDE CROSS SIDE, ROCK ¼ L, R SHUFFLE FORWARD

1 ? 2 Step forward on R, step back on L making ½ turn R,
& 3 4 Step R next to L, cross L over R, step R to R side
5 & 6 Rock forward onto L, recover onto R, ¼ turn L stepping L forward
7 & 8 Step forward on R, step L next to R, step R forward

CROSS BACK SIDE CROSS, 1/2 R, FULL TURN R

1 ? 2 Cross L over R, step back on R,
3 ? 4 Step L to L side, cross R over L
5 ? 6 Make ¼ turn R stepping back on L, make ¼ turn R stepping R forward
7 ? 8 Make ½ turn R stepping back on L, make ½ turn R stepping forward on R (Option: walk L, R)

L CHASSE, KICK SIDE CROSS, SIDE BEHIND SIDE SCUFF L

1 & 2 Step L to L side, close R next to L, step L to L side
3 & 4 Kick R across L, step R to R side, cross L over R
5 ? 6 Step R to R side, step L behind R,
7 ? 8 Step R to R side, scuff L foot forward

ROCKING CHAIR, STEP ¼ R CROSS STEP SIDE

1 ? 2 Rock forward onto L, recover onto R

3 ? 4 Rock back onto L, recover onto R
5 ? 6 Step forward on L, pivot ¼ turn R
7 ? 8 Cross L over R, step R to R side

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