

Surfs Up

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: William Sevone (UK) - July 2007
音樂: Surfin' U.S.A. - The Beach Boys : (Many Compilations)



Choreographers note:- If you take this dance seriously ? chill out? there isn't anything serious about this dance other than trying to complete it without falling off your board???

The dance starts with the Intro, the dancer then takes up the Surfer position at the same time starting the main dance ? sounds complicated ??.. Noooooo way.. there are more words on this script than moves.

In this case the tempo and some of the more ?err.. unusual moves dictated the actual level of the dance.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts with the very quick guitar intro? main dance start on the vocals:-

INTRO: (vision ? small stretch of sand.. board under your arm - the blue water beyond..)

As the guitar comes in, take 6 very small running steps forward ? and ?jump? (step forward) onto your board

Assume the SURFER POSITION: Stepping forward onto left foot with knees slightly bent, Head, left foot and arm forward, right foot and upper body toward 3:00, right arm pointing backward.

The dancer will assume this position at the start of EVERY new wall (on count 1). It doesn't matter if it runs into the start of the dance ? that's all part of the fun.

The Surfer Position ? Wiggle Hips. All Change. The Surfer Position ? Wiggle Hips (12:00)

1 ? 4 Step forward onto left & wiggle hips and body ? keeping your balance on ?the board?
& Jump up and turn to reverse foot/arm positions (right arm/foot lead) ? that ?board? can be slippery
5 ? 8 Bump/wiggle hips as 1-4
Option: Count &: Turn on ball of left foot ? though the jump does look better.

Face Fwd-Pump Arms. All Change. Pump Arms (6:00)

& Knees still bent ? turn to face forward (12) stepping left to left side (feet apart).
9 ? 12 ?Pump? arms up and down: Left up/Right down ? Right up/Left down (repeat)
& Jump up & turn ½ right - landing as start of section.
13 ? 16 Continue ?Pumping? arms up and down as 9-12.

3x Cross Touch-Together. Behind. Unwind 1/2 Right (12:00)

17 ? 18 (leaning left) Touch left toe across right foot. (straighten up) Step left next to right.
19 ? 20 (leaning right) Touch right toe across left foot. (straighten up) Step right next to left.
21 ? 22 (leaning left) Touch left toe across right foot. (straighten up) Step left next to right.
23 ? 24 Step right behind left. Unwind ½ right (weight on right).

Cross Shuffle. 2x Side Rock-Recover. Cross Shuffle with 1/4 Left (9:00)

25 & 26 Cross shuffle right stepping: L.R-L.
27 ? 28 Rock right to right. Recover onto left.
29 ? 30 Rock right to right. Recover onto left.
31 & 32 Cross shuffle left stepping: R.L-R ? turning to face 9:00 for count 1.

REMEMBER: As you step forward on count 1 ? you should be ?READY TO SURRRRRRRF?