

In Pieces

拍數: 48 牆數: 2 級數: Intermediate
編舞者: John Buis - July 2007
音樂: Calling Baton Rouge - Garth Brooks : (CD: In Pieces)



Or Music: Better Life by Keith Urban [Be Here]

KICK FORWARD, HOOK, TOUCH FORWARD & TOUCH BACKWARD 2X

1-2 Kick right forward, hook right over left
3&4 Touch right forward, step right together, touch left back

Do the right touch with a kick movement from the knee

5-6 Kick left forward, hook left over right
7&8 Touch left forward, step left together, touch right back

Do the left touch with a kick movement from the knee

ROCK SIDE, SAILOR STEP, SAILOR STEP, TURN ½ RIGHT SAILOR STEP ENDING CROSS

1-2 Rock right to side, recover on left
3&4 Cross right behind left, step left to side, step right to side
5&6 Cross left behind right, step right to side, step left to side
7&8 Turn ½ right and cross right behind left, step left to side, cross right over left

& WEAVE (2X) ENDING RIGHT POINTED, & CROSS, TOUCH, & CROSS, TOUCH

&1&2 Step left to side, cross right behind left, step left to side, cross right over left
&3&4 Step left to side, cross right behind left, step left to side, touch right diagonally forward
&5-6 Step right together, cross left over right, touch right diagonally forward
&7-8 Step right together, cross left over right, touch right diagonally forward

DIAGONAL STEP, LOCK & STEP FORWARD, DIAGONAL KICK, STEP NEXT, & CROSS 2X

1-2& Step right heel diagonally forward, lock left behind right, small step right forward
3&4 Kick left diagonally forward, step left together, cross right over left
5-6& Step left heel diagonally forward, lock right behind left, small step left forward
7&8 Kick right diagonally forward, step right together, cross left over right

ROCK FRONT, & HITCH STEP BACK 2X, & HITCH STEP FORWARD 2X, DOWN, UP

1-2 Rock right forward, recover to left
&3&4 Hitch right knee, step right back, hitch left knee, step left back
&5&6 Hitch right knee, step right forward, hitch left knee, step left forward
&7-8 Step right together, hold, hold

Bend knees on count 7 and straighten them on count 8 with weight on left

SYNCOPATED HEEL-DIG 2X, 4X STEP IN CIRCLE

&1&2 Small step right to side, touch left heel diagonally forward, step left diagonally back, step right together
&3&4 Small step left to side, touch right heel diagonally forward, step right diagonally back, step left together
5-6-7-8 Turn ½ right and step right forward, turn ¼ right and step left forward, turn ¼ right and step right forward, turn ¼ right and step left forward

REPEAT

Alternative steps for last 4 counts

APPLE JACKS 4X

5& Swivel left toe and right heel to left, center
6& Swivel right toe and left heel to right, center

