

Still Lost

拍數: 32 牆數: 2 級數: Improver
編舞者: John Buis - July 2007
音樂: Buena Vista Social Club - Rhythms Del Mundo



Or Music: I Still Haven't Found What I'm Looking For by U2

MAMBO FRONT, MAMBO BACK, MAMBO SIDE, MAMBO SIDE

1&2 Rock right forward, recover to left, step right together
3&4 Rock left back, recover to right, step left together
5&6 Rock right to side, recover to left, step right together
7&8 Rock left to side, recover to right, step left together
Alternative mambo classic style: at the end of each mambo, kick the leg first that starts the following steps:
E.g., on count 2, step right together and kick left forward

TURN ¼ RIGHT, LOCK STEPS (3X), STEP, SIDE, TOGETHER, STEP IN PLACE 2X

1 Turn ¼ right and step right forward
&2 Lock left behind right, step right slightly forward (curving slightly right)
&3 Lock left behind right, step right slightly forward (curving slightly right)
&4 Lock left behind right, step right slightly forward (curving slightly right)

On steps &2&3&4, you will curve a total of ¼ to the right (6:00)

5-6& Step left to side, step right together, step left in place
7-8& Step right to side, step left together, step right together

STEP SIDE, STEP NEXT, CHA-CHA SIDE LEFT, MAMBO FRONT TOUCH, TRIPLE TURN RIGHT

1-2 Step left to side, step right together
3&4 Step left to side, step right together, step left to side
5&6 Rock right forward, recover to left, touch right together
7&8 Turn ¼ right and step right forward, turn ½ right and step left back, turn ¼ right and step right to side

CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE STEP, FLICK

1&2& Cross/rock left over right, recover to right, rock left to side, recover to right
3&4& Cross/rock left over right, recover to right, step left to side, flick right over left
5-6-7-8 Turn ¼ right and step right forward, turn ½ right and step left back, turn ¼ right and step right to side, step left together

REPEAT