

Break It Baby

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Advanced
編舞者: Maggie Gallagher (UK) - July 2007
音樂: Break It - KARA : (Vol.1 The First Blooming album, available from YesAsia UK)



Intro: 20 counts ? (13 sec) (Total Duration 3m 15s)

RIGHT HITCH, RIGHT COASTER, STEP, 1/2 SWIVEL RIGHT, 1/2 RIGHT x 3, WALKS BACK

1&2& Hitch right knee, Step back on right, Step left beside right, Step forward on right [12]
3,4 Step forward on left, 1/2 swivel turn right [6]
5&6 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right, [6]
 1/2 turn right stepping back on left [12]
7,8 Walk back right, Walk back left

SIDE RIGHT, CROSS LEFT ON DIAGONAL, RIGHT SIDE ROCK, RECOVER, WALK RIGHT ON LEFT DIAGONAL, WALK LEFT, FULL PADDLE TURN LEFT, CROSS, BACK, HEEL TAP

&1 Step right to right side, Cross left over right onto a right diagonal [1:30]
2& Rock out to right side, Recover onto left onto a left diagonal [10:30]
3,4 (on a left diagonal) Walk forward right, Make 1/8 turn left Walk forward left [9]
&5&6 Make full paddle turn left, (Hitch right knee in, Point right, Hitch right knee in, Point right) [9]
7&8 Cross right over left, Step back on left, Tap right heel forward on a right diagonal

TOGETHER, CROSS, SIDE, 1/4 MONTEREY LEFT, TOGETHER, LEFT TOUCH, LEFT PLACE, LEFT WEAVE, 1/4 LEFT, 1/2 LEFT WITH LEFT HITCH, STEP

&1 Step right next to left, Cross left over right
&2 Step right to right side, Point left to left side
&3 Make 1/4 turn left stepping left next to right, Point right to right side [6]
&4 Step right next to left, Touch left next to right
&5 Step down on left, Cross right over left
&6 Step left to left side, Cross right behind left
&7 Make 1/4 turn left stepping forward on left, Step forward on right [3]
&8 Make 1/2 turn left hitching left knee, Step forward onto left [9]

TOGETHER, STEP, RIGHT ROCKING CHAIR, STEP, 1/2 PIVOT, STEP, 1/2 PIVOT, STEP

&1 Step right beside left, Step forward on left
2&3& Right rocking chair
 (Rock forward on right, Recover onto left, Rock back on right, Recover onto left)
4 Step forward onto right
5,6 Step forward onto left, Make 1/2 pivot turn right (weight forward on right) [3]
7&8 Step forward onto left, Make 1/2 pivot turn right (weight forward on right),
 Step forward on left [9]

Start again