

He's Unbelievable

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
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音樂: He's Unbelievable - Sarah Connor



Intro: Start on 4x8 4: 36 counts

HEEL-TOE-HEEL SWIVEL TO R, HITCH L-KICK L, REPEAT FOR L SIDE

1&2 Swivel heels to the R, Toes to R, Heels to R
3-4 Turn body to diagonal L, Hitch L, Kick L forward
5&6 Step left in place, swivel heels to the L, Toes to L, Heels to L
7-8 Turn body to diagonal R, Hitch R, Kick R forward

FUNKY WALK BACKWARDS 4 STEPS, POINT R (3X) TURNING ¼ R, COASTER STEP

1, 2 Slide back on R, pop L knee; Slide L back, pop R knee
3, 4 Slide R back, pop L knee; Slide L back, pop R knee
(easier option: normal walking backwards is fine)
5&6 Point R toe to 1:00, push hip out slightly, Point to 2:00, Point to 3:00 o'clock, Gradually
turning to ¼ R (3:00)
7&8 Step R back, step L to R, step forward R

FUNKY WALK FORWARD 4 STEPS, ROCK, RECOVER, SAILOR ¼ R

1, 2 Step fwd L, slide R to L and pop R knee, Step fwd R, slide L to R, pop L knee
3, 4 Repeat above 1-2
5-6 Rock fwd L, recover R
7&8 Step back on L, turning ¼ R, close R to L, Step L to side

TURN 1/8 R, FUNKY CHARLESTON, JUMP TURN 1/8 R, HIP BUMPS WITH HEAD TURNING SIDE TO SIDE

1, 2 Turn 1/8 R (diagonal R), Step fwd R, Touch L toe fwd (Look L, R hand up, L hand on L hip)
3, 4 Step L back, point R toe behind (Look R, L hand behind head, R hand on R hip)
&5 Turn 1/8 R (square up to new wall), jump on R-L (feet slightly apart)
6, 7, 8 Swing/bump hips to L-R-L, at the same time turn head sideways to L-R-L
(Raise R hand and Index finger pointing up, swing R hand from side to side. L hand on L hip)
Feel free to double the speed to 6&7&8
Sing: "He's unbelievable!"

RESTART & ENJOY!