

Free & Easy

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jeanette Robson (UK) - January 2007
音樂: Free and Easy (Down the Road I Go) - Dierks Bentley : (CD: A Long Trip Alone)



16 count introduction

1 - 8 Grapevine Right, Hitch Left, Grapevine Quarter Turn Left, Hitch Right
1 - 2 Step right to right, cross left behind right
3 - 4 Step right to right, hitch left knee
5 - 6 Step left to left, cross right behind left
7 - 8 Quarter turn left stepping forward on left, hitch right knee

9 - 16 Right Lock Step, Left Lock Step, Right Back Cross Back, Left Back Cross Back
1 & 2 Step forward on right, lock left behind right, step forward on right
3 & 4 Step forward on left, lock right behind left, step forward on left
5 & 6 Step back on right, cross left over right, step back on right
7 & 8 Step back on left, cross right over left, step back on left

17 ? 24 Right Side Touch Left, Left Side Touch Right, Right Kick Ball Change Twice
1 - 2 Step right to right side, touch left beside right
3 - 4 Step left to left side, touch right beside left
5 & 6 Kick right forward, step right beside left, step forward on left
7 & 8 Kick right forward, step right beside left, step forward on left

25 ? 32 Right Side Touch Left, Left Side Touch Right, Right Kick Ball Change Twice
1 - 2 Step right to right side, touch left beside right
3 - 4 Step left to left side, touch right beside left
5 & 6 Kick right forward, step right beside left, step forward on left
7 & 8 Kick right forward, step right beside left, step forward on left
