Sunshine



拍數: 24 牆數: 4 級數: Beginner

編舞者: Mikael Mölsä (FIN) - June 2007

音樂: Sunshine - The O'Jays: (CD: The Ultimate O'Jays)



Starting point: At about 0:13 (24 counts from the beginning of the track), just before vocals.

TWINKLE, RIGHT 1/2 TURN TWINKLE

1-3 Step left across right foot, step right to side, step left diagonally forward

4-6 Step right across left foot, turn 1/4 to right by stepping left foot back, turn 1/4 to right by

stepping right foot to the side

STEP ACROSS, SWEEP, WEAVE LEFT

1-3 Step left across right foot, sweep right foot from back to forward (weight ends up on left foot)

4-6 Step right across left foot, step left foot to the side, step right behind left foot

SWEEP, BEHIND, 1/4 TURN TO RIGHT, POINT

1-3 Sweep left foot from forward to back (weight ends up on right foot)

4-6 Step left behind right, turn 1/4 to right by stepping right foot forward, point left to side

CROSS ROCK, SIDE, CROSS ROCK, SIDE

1-3 Step left across right foot, recover weight back to right foot, step left foot to the side

4-6 Step right across left foot, recover weight back to left foot, step right foot to the side

REPEAT

EMail