

# Hairspray

拍數: 80      牆數: 2      級數: Intermediate  
編舞者: Karl-Harry Winson (UK) - July 2007  
音樂: You Can't Stop The Beat - Hairspray OST



## 32 Count Intro, 10 Seconds, Start on Vocals

### Section 1      **Rock Recover, Shuffle 1/2, Shuffle 1/2, Back Rock**

1-2      Rock forward on the right, recover back on the left  
3&4      Right Shuffle Turning Into a 1/2 Turn Right (i.e. Right, Left, Right) (6.00)  
5&6      Left Shuffle Turning into a 1/2 turn left (i.e. Left, Right Left) (12.00)  
7-8      Rock back on the right, recover forward onto the left

### Section 2      **Step Slide, Heel Split, Step Slide, Toe Split**

1-2      Step Diagonally forward on the right foot, slide the left to meet the right  
3-4      Split both of your heels out, then bring them together  
5-6      Step Diagonally forward on the left foot, slide the right to meet the left  
7-8      Split your toes apart (as you do this your weight is in your heels and toes in the air), bring the toes together

### Section 3      **Rock Recover, Shuffle 1/4, Rock Recover, Coaster Step**

1-2      Rock forward on the right, recover back on the left  
3&4      Right Shuffle Turning Into a 1/4 Turn Right (i.e. Right, Left, Right)(3.00)  
5-6      Rock forward on the left, recover on the right foot  
7&8      Step Back Left. Step Right beside Left. Step Forward Left.

### Section 4      **Forward side, behind heel, hook, heel, flick, together**

1-2      Touch right foot forward, touch right foot to right side  
3-4      Hook right foot behind left, touch right heel forward  
5-6      Hook right foot across left, touch right heel forward  
7-8      Flick right foot to right side, step right foot together with the left

### Section 5      **L Stomp with fans, R Stomp with fans**

1-4      Stomp left foot forward, fan toes out to left, together, then out to left  
5-8      Stomp Right foot forward, fan toes out to right, together, then out to right

### Section 6      **L Jazz box with touch, R Jazz box together**

1-2      Cross left foot over the right, step back on the right  
3-4      Step left foot to the left side, touch right foot next to the left  
5-6      Cross right foot over the left, Step back on the left  
7-8      Step right foot to the right side, step left together with the right

### Section 7      **Cross rock side (x2), Jazz box 1/4 turn**

1&2      Cross rock right over left, recover on the left, step right to the right side  
3&4      Cross rock left over right, recover on the right, step left to left side.  
5-6      Cross right foot over left, step back on left  
7-8      Make a 1/4 stepping forward on the right, step left together with right

### Section 8      **Cross rock side (x2), Jazz box 1/4 turn**

1&2      Cross rock right over left, recover on the left, step right to the right side  
3&4      Cross rock left over right, recover on the right, step left to left side.  
5-6      Cross right foot over left, step back on left  
7-8      Make a 1/4 stepping forward on the right, step left together with right

### Section 9      **Heel steps, Step Together, Heel steps, Step Together**

1-2      Step forward on the right heel, Step forward on the left heel (weight needs to be in both heels)

- 3-4 Step right foot back, step left together with the right  
5-6 Step forward on the right heel, Step forward on the left heel (weight needs to be in both heels)  
7-8 Step right foot back, step left together with the right

**Section 10 Monterey 1/2 turn, Monterey 1/4 turn**

- 1 Touch right foot to right side  
2 On ball of left foot, Pivot 1/2 turn right stepping right beside left  
3-4 Touch left foot to left side, together with the right  
5 Touch right foot to right side  
6 On ball of left, Pivot 1/4 right stepping right beside left  
7-8 Touch left foot to left side, together with the right

**Tag: Dance at End of wall 2, End of Wall 4, End of Wall 6**

**Rocking Chair, Step 1/2 turn (x2), Rocking Chair, Step 1/2 turn (x2)**

- 1-2 Rock forward on the right, recover back on the left  
3-4 Rock back on the right, recover forward on the left  
5-6 Step forward on the right, make a 1/2 turn to the left  
7-8 Step forward on the right, make a 1/2 turn to the left  
  
9-10 Rock forward on the right, recover back on the left  
11-12 Rock back on the right, recover forward on the left  
13-14 Step forward on the right, make a 1/2 turn to the left  
15-16 Step forward on the right, make a 1/2 turn to the left
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