

Italian Rumba

拍數: 64 牆數: 4 級數: Improver
編舞者: Joenan (AUS) - July 2007
音樂: O Sole Mio Medley - Bobby Prins



Count in: 16 counts after the short strings intro

CROSS ROCK, RECOVER, STEP RIGHT, HOLD, CROSS ROCK, RECOVER, STEP LEFT, HOLD

1-4 Cross rock Right over Left, recover onto Left, step Right to right side, hold
5-8 Cross rock Left over Right, recover onto Right, step Left to left side, hold

ROCKING CHAIR, STEP FORWARD, HOLD, HIP SWAYS

1-4 Rock forward on Right, recover onto Left, rock back on Right, recover onto Left
5-8 Step forward on Right, hold, step Left to left side and sway hips left, sway hips right

2 x RUMBA BOXES

1-4 Step forward on Left, hold, step Right to right side, step Left beside Right
5-8 Step back on Right, hold, step Left to left side, step Right beside Left

ROCK, RECOVER ½ TURN LEFT, STEP FORWARD, HOLD, PIVOT ½ LEFT, STEP FORWARD, HOLD

1-4 Rock forward on Left, turning ½ left recover onto Right, step forward on Left, hold
5-8 Step forward on Right, pivot turn ½ left onto Left, step forward on Right, hold

STEP LEFT, STEP TOGETHER, STEP LEFT ¼ TURN LEFT, HOLD, ROCK, RECOVER ½ TURN RIGHT, STEP FORWARD, HOLD

1-4 Step Left to left side, step Right beside Left, turning ¼ left step Left to left side, hold
5-8 Rock forward on Right, turning ½ right recover onto Left, step forward on Right, hold

ROCK, RECOVER, STEP BACK, HOLD, ROCK, RECOVER, STEP FORWARD, HOLD

1-4 Rock forward on Left, recover onto Right, step slightly back on Left, hold
5-8 Rock back on Right, recover onto Left, step slightly forward on Right, hold

ROCK, RECOVER ½ TURN LEFT, STEP FORWARD, HOLD, HIP SWAYS, HOLD

1-4 Rock forward on Left, turning ½ left recover onto Right, step forward on Left, hold
5-8 Step Right to right side and sway hips right, sway hips left, sway hips right, hold

STEP LEFT, STEP TOGETHER, STEP FORWARD, POINT, FULL TURN LEFT

1-4 Step Left to left side, step Right beside Left, step forward on Left, point Right toe behind Left
(bend body slightly forward)
5-8 Make a full turn left over left shoulder stepping back on Right, Left, Right, Left

REPEAT