

The Shania Travelling Samba

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Sebastiaan Holtland (NL) - August 2006
音樂: She's Not Just A Pretty Face (Blue) - Shania Twain : (CD: UP!)



24 count intro

WALK WALK ROCK AND CROSS, FULL TRAVELLING IN A CIRCLE

1-2 Rf step forward Lf step forward
3a4 Rf rock to the right, Lf recover Rf, cross over Lf
a5a6 Lf across over Rf with 1/8 turn left, Rf step to the side with 1/8 turn left, Lf across over Rf with 1/8 turn left, Rf step to the side with 1/8 turn left
a7a8 Lf across over Rf with 1/8 turn left, Rf step to the side with 1/8 turn left, Lf across over Rf with 1/8 turn left, Rf step to the side with 1/8 turn left, Lf across Rf weight on left (facing 12:00)

WALK WALK ROCK AND CROSS, HOLD FULL SWEEP TURN SAILOR TOUCH

9-10 Rf step forward Lf step forward
11a12 Rf rock to the right Lf recover Rf across over Lf
13-14 Hold full turn sweep your Left leg from the front to the back
15a16 Lf across behind Rf Lf step to the left Rf touch to left side (facing 12:00)

3/4 TRAVELLING TURN 1/2 TRAVELLING TURN BOTH IN A 1/2 CIRCLE

a17a18a19a20 Lf across with 1/8 turn left, Rf step to the right side with 1/8 turn left, Lf across with 1/8 turn left, Rf step to the right side with 1/8 turn left, Lf across with 1/8 turn left, Rf step to the right side with 1/8 turn left, Lf across with 1/8 turn left end (facing 4:30)
a21a22a23a24 Rf across with 1/8 turn left, Lf step to the right side with 1/8 turn left, Rf across with 1/8 turn left, Lf step to the right side with 1/8 turn left, Rf across Lf with 1/8 turn end (facing 9:00)

BREAK FORWARD RECOVER STEP BACK BREAK BACK RECOVER PLACE, TRAVELLING FULL TURN IN CIRCLE OUT OUT

25a26 Lf break forward Rf recover Lf step back weight on left
27a28 Rf break back Lf recover Rf step next to Lf weight on Rf
a29a30 Lf across over Rf with 1/8 turn left Rf step to the side with 1/8 turn left, Lf across over Rf with 1/8 turn left, Rf step to the side with 1/8 turn left
a31a32 Lf across over Rf with 1/8 turn left, Rf step to the side with 1/8 turn left, Lf across over Rf with 1/8 turn left, 1/8 turn left Rf step out Lf step out end (facing 9:00)

WIKKEL IN PLACE ROCK AND PLACE SIDE ROCK CROSS 1/8 TURN, WALK WALK ROCK STEP 1/8 TURN 3/4 TRAVELLING TURN

a33a34 (hold your Rf in place, and your Lf in place and shake in 4 times with youra35a36
(hold body and make a fist with your right hand and move your arm in front of your forehead on shoulder position weight on both feet) (facing 9:00)
37a38 Rf rock forward Lf recover Rf in place
39a40 Lf rock to left side Rf recover Lf across Rf end make a 1/8 turn (facing 10:30)
41-42 Rf step forward Lf step forward
43a44 Rf rock diagonally forward of Lf Lf recover and make 1/8 turn right
a45a46 Lf across over Rf with 1/2 turn left, Rf step to the right side, Lf across Rf with 1/4 turn left
a47a48 Rf step to right side, Lf across Rf, Rf step to the right side, Lf across Rf (facing 3:00)