

Hey Hey Mambo

拍數: 32 牆數: 4 級數: Beginner
編舞者: Claire Ball (UK) & Steve Mason (UK) - July 2007
音樂: Mambo (Radio Mix) - Helena Papparizou



32 count intro, start on lyrics

SIDE, TOGETHER, SIDE, TOUCH, FULL ROLLING TURN LEFT, TOUCH

- 1-2 Step right foot to right side, close left foot to right foot,
3-4 Step right foot to right side, angle body to left diagonal and touch left toes to left diagonal
 whilst clicking fingers at shoulder height
5-6 Step left foot 1 / 4 turn left, step right foot 1 / 2 turn left,
7-8 Step left foot 1 / 4 turn left , angle body to right diagonal and touch right toes to right diagonal
 whilst clicking fingers at shoulder height
EASIER: (5-7 Step Left foot to left side, close right foot to left foot, step left foot to left side)

WALK, WALK, RIGHT MAMBO, WALK, WALK, RIGHT COASTER

- 1-2 Walk forward on right foot, walk forward on left foot,
3&4 Rock step forward on right foot, recover weight to left foot, step slightly back on right foot,
5-6 Walk backwards on left foot, walk backwards on right foot,
HARDER: (5-6 Full turn back turning left stepping left, right)
7&8 Step back on left foot, step right foot next to left foot, step forward on left foot.

FORWARD HALF PIVOT, ¼ TURN SIDE SHUFFLE, BACK CROSSING MAMBOS

- 1-2 Step forward on right foot, half pivot turn left,
&3&4 Make ¼ turn left on ball of left foot, step right foot to right side, close left foot to right foot, step
 right foot to right side,
5&6 Cross rock step left foot behind right foot, recover weight to right foot, step left foot to left
 side,
7&8 Cross rock step right foot behind left foot, recover weight to left foot, step right foot to right
 side.

KICK BALL STEP, STEP, ½ PIVOT TURN, KICK BALL STEP, STOMP, FLICK

- 1&2 Kick left foot forward, step left foot next to right foot, step forward on right foot,
3-4 Step forward on left foot, pivot ½ turn right,
5&6 Kick left foot forward, step left foot next to right foot, step forward on right foot,
7-8 Stomp left foot forward, flick right foot up behind left calf whilst swinging arms from right side
 at head height to left side at waist height and WHOOH !!

Begin dance again?..enjoy yourself!

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