

# Lonely Heart

COPPER KNOB  
STEPSHEETS

拍數: 48                      牆數: 2                      級數: Improver  
編舞者: DJ Dan (NL) & Wynette Miller (NL) - July 2007  
音樂: Tip of My Fingers - Anita Perras : (CD: The Greatest Hits Collection)



Intro 12 counts.

## STEP FORWARD, SIDE, TOGETHER; STEP BACK, SIDE, CROSS

1-3                      Step Right forward. Step Left to left side. Step Right next to Left.  
4-6                      Step Left back. Step Right to right side. Cross Left over Right.

## SIDE, SLIDE, TOUCH; 1/4 TURN LEFT, FULL FORWARD TURN LEFT

1-3                      Step Right to right side. Slide Left up to Right. Touch Left next to Right.  
4-6                      Turn 1/4 left step Left forward. Turn 1/2 left step Right back. Turn 1/2 left step Left forward.  
                            [9]

*Option 5-6 walk forward Right. Left*

## STEP FORWARD, ROCK STEP FORWARD; COASTER STEP

1-3                      Step Right forward. Rock Left forward. Recover onto Right.  
4-6                      Step Left back. Step Right next to Left. Step Left forward.

## CROSS ROCK, SIDE; CROSS ROCK, SIDE WITH POINT

1-3                      Cross rock Right over Left. Recover onto Left. Step Right to right side.  
4-6                      Cross rock Left over Right. Recover onto Right. Step Left to left side - weight on Left, Right toe pointed out turn head to right side.

## ROLLING VINE; TWINKLE

1-3                      (Rock) step Right down 1/4 turn right. Turn 1/2 right step Left back. Turn 1/4 right step Right to side. [9]  
4-6                      Cross Left over Right. Step Right to right side. Step Left in place.

*Option 1-3 Right vine leave out the full turn*

## CROSS, UNWIND 3/4 TURN LEFT (2 COUNTS); SAILOR STEP

1-3                      Cross Right over Left. Unwind 3/4 turn left, weight ends on Right. [12]  
4-6                      (Sweep) cross Left behind Right, Step Right to right side. Step Left to Left side.

## BEHIND, SIDE ROCK; BEHIND, SIDE ROCK

1-3                      Cross Right behind Left. Rock Left to left side. Recover onto Right.  
4-6                      Cross Left behind Right. Rock Right to right side. Recover onto Left.

## COASTER STEP; STEP FORWARD, STEP, 1/2 PIVOT TURN LEFT

1-3                      Step Right back. Step Left next to Right. Step Right forward.  
4-6                      Step Left forward. Step Right forward. Pivot 1/2 turn left. [6]

Repeat

[EMail](#)