

Off Beat

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Chris Salter (UK) - July 2007
音樂: The Beat Goes On - Sonny & Cher



32 count intro

SIDE ROCK, VINE LEFT, CROSS ROCK, RECOVER, TURN ¼ RIGHT TOE STRUT

1-2 Rock right to side, recover on left
3-4 Cross right behind left, step left to side
5-6 Cross/rock right over left, recover on left
7-8 Touch right toe to side, turn ¼ right and drop right heel

ROCK, RECOVER, LEFT COASTER STEP, ROCK, RECOVER, SHUFFLE TURN ½ RIGHT

1-2 Rock left forward, recover on right
3&4 Step left back, step right together, step left forward
5-6 Rock right forward, recover on left
7&8 Shuffle back turning ½ right stepping right, left, right

ROCKING CHAIR, TURN ½ RIGHT WITH SWEEP, ROCK, RECOVER

1-2 Rock left forward, recover on right
3-4 Rock left back, recover on right
5-6 Turn ½ right and step left back, sweep right front to back
7-8 Rock right back, recover on left

ROCKING CHAIR, KICK BALL CROSS, FORWARD ROCK, RECOVER

1-2 Rock right forward, recover on left
3-4 Rock right back, recover on left
5&6 Kick right diagonally forward, step right together, cross left over right
7-8 Rock right forward, recover on left

REPEAT

TAG: After walls 3, 6, and 9

PADDLE TURNS WITH CLICKS ON EVERY SECOND BEAT (X4)

On counts 1, 3, 5, and 7, bump hips to right and click fingers

1-2 Turn ¼ left and step right to side, step left in place
3-4 Turn ¼ left and step right to side, step left in place
5-6 Turn ¼ left and step right to side, step left in place
7-8 Turn ¼ left and step right to side, step left in place

STEP, HOLD, STEP, HOLD, PIVOT TURN ½ RIGHT, STEP, HOLD

1-2 Step right forward, click
3-4 Step left forward, click
5-6 Turn ½ right (weight to right), click
7-8 Step left forward, click