

Broken Heart

COPPER **KNOB**
BY STEPHENETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Noel Castle (AUS) - July 2007
音樂: You've Left Me So Broken - The Borderers



RIGHT SIDE ¼ RIGHT, LEFT BACK ½ RIGHT, RIGHT FORWARD ½ RIGHT & LEFT STEP, RIGHT LUNGE, LEFT RECOVER, RIGHT BACK

1-2-3 Turn ¼ right and step right forward, turn ½ right and step left back, turn ½ right and step right forward (3:00)

&4-5-6 Step left forward, lunge right forward, recover onto left, step right back

Easier option for counts 1-2-3: vine with turn ¼ right

LEFT BACK, RIGHT TOUCH, RIGHT KICK & RIGHT STEP, LEFT CROSS, RIGHT FORWARD, LEFT BRUSH

1-2-3 Step left back, touch right together, kick right forward

&4 Step right back, cross left over right

5-6 Step right diagonally forward, brush left forward (4:30)

LEFT LUNGE, RIGHT RECOVER, LEFT ½ FORWARD LEFT - RIGHT FORWARD, LEFT SWEEP/CROSS, RIGHT SWEEP/CROSS

1-2-3 Lunge left forward, recover onto right, turn ½ left (weight to left, 10:30)

4-5-6 Step right forward, sweep/cross left over right, sweep/cross right over left (10:30)

LEFT 1/8 LEFT FORWARD, RIGHT FORWARD, ½ LEFT - RIGHT FORWARD, LEFT ½ RIGHT BACK, RIGHT ½ FORWARD RIGHT

1-2-3 Turn 1/8 left and step left forward, step right forward, turn ½ left (weight to left, 3:00)

4-5-6 Step right forward, turn ½ right and step left back, turn ½ right and step right forward (3:00)

Easier option for counts 4-5-6: basic waltz forward

& LEFT STEP, RIGHT FORWARD, LEFT FORWARD, ¼ RIGHT - LEFT CROSS, RIGHT BACK ¼ LEFT, LEFT SIDE ¼ LEFT

&1-2-3 Step left forward, step right forward, step left forward, turn ¼ right (weight to right, 6:00)

4-5-6 Cross left over right, turn ¼ left and step right back, turn ¼ left and step left to side (12:00)

& RIGHT TOGETHER, LEFT ¼ LEFT FORWARD, RIGHT SWEEP ½ RIGHT, RIGHT TOUCH, RIGHT FORWARD, LEFT SWEEP ¼ LEFT, LEFT TOUCH

&1 Step right together, turn ¼ left and step left forward

2-3 Sweep right back to front, turn ½ left and touch right forward (3:00)

4-5-6 Step right forward, sweep left back to front, turn ¼ right and touch left forward (6:00)

LEFT CROSS, RIGHT BACK ¼ LEFT, LEFT SIDE ¼ LEFT - RIGHT LUNGE, LEFT RECOVER, RIGHT SIDE

1-2-3 Cross left over right, turn ¼ left and step right back, turn ¼ left and step left to side (12:00)

4-5-6 Cross/lunge right over left, recover to left, step right to side

LEFT CROSS, RIGHT BACK ¼ LEFT, LEFT SIDE ¼ LEFT - RIGHT LUNGE, LEFT RECOVER, RIGHT SIDE, & LEFT TOGETHER

1-2-3 Cross left over right, turn ¼ left and step right back, turn ¼ left and step left to side (6:00)

4-5-6& Cross/lunge right over left, recover to left, step right to side, step left together

REPEAT

ENDING: AFTER 5 rotations. Dance counts 1-9, then step right ¼ right to 12:00

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