Don't Give Up



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Pauline Greenwood (AUS) - March 2007

音樂: Don't Give Up - Shannon Noll & Natalie Bassing Thawaight



DANCE STARTS ON THE WORD 'IN' AFTER 48 COUNT INTRODUCTION.	
1-6	SIDE SWAY. HOLD. SIDE SWAY. DRAG TOGETHER. HOLD
1,2,3	Step R to R side and sway hips R to R side. Hold for 2 counts
4,5,6	* Step L to L side and sway hips L to L side. Drag R to touch together Hold
7-12	TURN 1/4 R FORWARD. TURN 1/4 R SIDE. TOGETHER. LUNGE ACROSS. DRAG TOUCH TOGETHER. HOLD
1,2,3	Turn 1/4 R stepping R forward. Turn 1/4 R stepping L to L side. Step R beside L
4,5,6	Lunge L across in front of R. Drag R to touch together for 2 counts
13-18	ROCK/STEP BACK. HOOK HEEL. HOLD. FORWARD. SWEEP TURN 1/4 L. HOLD
1,2,3	Rock back stepping on to R. Hook L heel in front of R knee. Hold
4,5,6	Step L forward. Sweep R around turning 1/4 L for 2 counts (9:00)
19-24	ACROSS. SIDE. ACROSS. SLOW DRAG. TOUCH TOGETHER.
1,2,3	Step R across in front of L. Step L to L side. Step R across in front of L
4,5,6	**Drag L slowly beside R to touch together. Hold for 3 counts (weight on R)
25-30	BEHIND. SIDE. TOGETHER. BEHIND. SIDE. TOGETHER.
1,2,3	Step L behind R. Step R to R side. Step L together
4,5,6	Step R behind L. Step L to L side. Step R together
31-36	COASTER STEP. FORWARD. PIVOT 1/2 L. HOLD
1,2,3	Step L back. Step R beside L. Step L forward.
4,5,6	Step R forward. Pivot 1/2 L keeping weight on R for 2 counts
37-42	FORWARD. HOLD. WALTZ. FULL TURN R
1,2,3	Step L (leaning) forward. hold for 2 counts
4,5,6	Turn 1/2 R stepping R forward. Turn 1/2 R stepping L back. Step R beside L
43-48	WALTZ 1/2 TURN R. SIDE SWAY. SWAY. HOLD
1,2,3	Turn 1/4 R stepping L forward. Turn 1/4 R stepping R to R side. Step L beside R
4,5,6	Step R to R side and sway hips R. Sway hips L. Hold.
REPEAT	

RESTARTS: **WALLS 4. 10. Dance until count/beat 21

22 23 24 Drag L together for 3 counts placing weight on L

ENDING: *Dance until count/beat 6

7 8 9 Turn 1/4 R stepping R forward. Drag L to R for 2 counts

<u>EMail</u>